

Mon	Tue	Wed	Thu	Fri	Sat	Sun
25 JUL	26	27	28	29	30	31
Arrivals Welcome Dinner	Orientation	Training	School visits Planning	School visits Planning	Workshop 1	Rest Chitwan
1 AUG	2	3	4	5	6	7
Chitwan	Chitwan Return to Kathmandu	Coaching in schools	Coaching in schools	Coaching in schools	Workshop 2	Kathmandu Day
8	9	10	11	12	13	14
Coaching in schools	Coaching in schools	Coaching in schools	Coaching in schools	Workshop 3 Travel to Pokhara (arrive late)	Pokhara Retreat	Pokhara Retreat
15	16	17	18	19		
Pokhara Retreat Return	Coaching in schools	Coaching in schools	Coaching in schools Farewell Dinner	Departures		