

2022

Volunteers Initiative Nepal

Annual Report



Empowering Marginalised Communities

स्वयंसेवी अभियान नेपाल
Volunteers Initiative Nepal

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MESSAGE FROM THE PRESIDENT

Namaste!



Dear Members and Valued Supporters,

With immense pride and gratitude, we present the Annual Report for the remarkable year 2022, showcasing the accomplishments of Volunteers Initiative Nepal (ViN). As President, I am pleased to reflect on our transformative journey in the past year.

Throughout 2022, our collective efforts, determination, and compassion fueled positive change in communities across our beloved nation. Our commitment to women's empowerment was exemplified through 75 enlightening classes, impacting 720 women with invaluable life skills and knowledge. The ripple effect of these initiatives is evident as 1,839 lives were transformed through our microcredit program, fostering entrepreneurship and financial independence among beneficiaries.

Children's development remains a cornerstone of our mission. We nurtured young minds in 57 Early Childhood Development centres, paving the way for a brighter future. With 63 dedicated teachers, volunteers and sponsorship provided to 48 underprivileged children, we ensured access to quality education and vital healthcare services. We constructed two beautiful child-friendly classrooms that benefit 40 children aged 3-5 years.

The essence of our achievements rested in our commitment to youth empowerment. We welcomed 75 dynamic youths into our IT training program, with 42 excelling in English language skills, thereby influencing the lives of 3,265 individuals. The guidance of our 35 devoted volunteers illuminated the path for nurturing young talents and aspirations.

Public health catalysed our accomplishments, empowering 430 individuals through comprehensive training while providing compassionate care to 173. Our menstrual hygiene programs showed our unwavering commitment to women's health.

Additionally, our dedication to environmental conservation manifested through the installation of 11 water tanks and training for 57 individuals in promoting organic farming, responsible water usage, and heightened awareness.

None of these accomplishments would have been feasible without the dedication of our staff, the support of volunteers and partners, and the unwavering generosity of our esteemed donors. We extend our heartfelt gratitude to all those who have played a pivotal role in making a difference in the lives of marginalised rural Nepalese communities.

With our valued stakeholders' continued support and collaboration, we remain committed to creating an even more meaningful impact in the future. As we look ahead to 2023, we anticipate yet another year of changing lives and making a positive difference, hand in hand and heart to heart.

Warm regards,

Bhupi Ghimire

President

Volunteers Initiative Nepal (ViN)

THE COUNTRY CONTEXT

79% of the population lives in rural areas.

There is only one doctor for every 150,000 people in the rural areas, while in Kathmandu valley, there is one doctor for every 850 people.

33% of women got married before the age of 18, 8% before the age of 15.

40% of women are illiterate.

10% of the population still practices open defecation, despite the government declaring Nepal an open defecation-free country in 2019.

The youth unemployment rate is 19.2%, and 5 million Nepali youth live or study abroad.

*Data based on the annual reports of Human Rights Watch (2022), Gender Gap Index Report (2021), World Bank/Who/Unicef (2022), UNFPA (2019), USDepartment of State (2021), Government of Nepal, National Reconstruction Agency, Rebuilding Nepal, December 2021

78.99%
LIVING IN RURAL AREAS





2,729
CHILDREN
TRAFFICKED

 **33%**
GET MARRIED
BEFORE THE AGE OF
18


19.2%
YOUTH 18-29
UNEMPLOYED


1 
DOCTOR FOR EVERY
150.000 PEOPLE IN
RURAL AREAS

 **40%**
OF WOMEN ARE
ILLITERATE


65,700
YOUNG PEOPLE
EMIGRATING EVERY YEAR

10%
PRACTICE OPEN
DEFECATION



46% 
OF CULTURAL
MONUMENTS AND 15% OF
PRIVATE HOUSES ARE
UNDER CONSTRUCTION

WHO ARE WE?



OUR STORY

Volunteers Initiative Nepal (VIN) was established in 2005 by a diverse group drawn from development workers, educators, social activists, and other professionals. VIN has been officially registered under the Society Act with the District Administration Office, Kathmandu (Reg. No. 147/062/63), and affiliated with the Social Welfare Council Nepal (SWC) (Affiliation No. 20910). VIN focuses on community-based projects involving local volunteers backed up by international volunteers in Nepal.

Volunteers Initiative Nepal is a non-religious, non-political, non-governmental, and non-profit organization (NGO) with the primary purpose of supporting the development of marginalized people living in rural areas of Nepal.

We aim to promote a peaceful, prosperous and equitable society where everybody has access to quality education and health, safe natural environment, basic infrastructures, and financial and economic sustainability.

Our mission is to empower marginalized communities through equitable, inclusive, and holistic/integrated development programs. We aim to enhance the livelihoods of poor and disadvantaged people, with a primary focus on vulnerable women and children living in rural areas of Nepal. To achieve this mission, we deliver community-based programs involving local and international volunteers.

OUR VALUES

SOLIDARITY

We believe that volunteering and gratitude can make the world a better place.

IMPARTIALITY

We serve marginalized and disadvantaged people solely based on need and not on their cultural, political, and social identity.

INCLUSIVENESS

Diversity empowers communities and deserves to be promoted and defended at all levels.

ACCOUNTABILITY

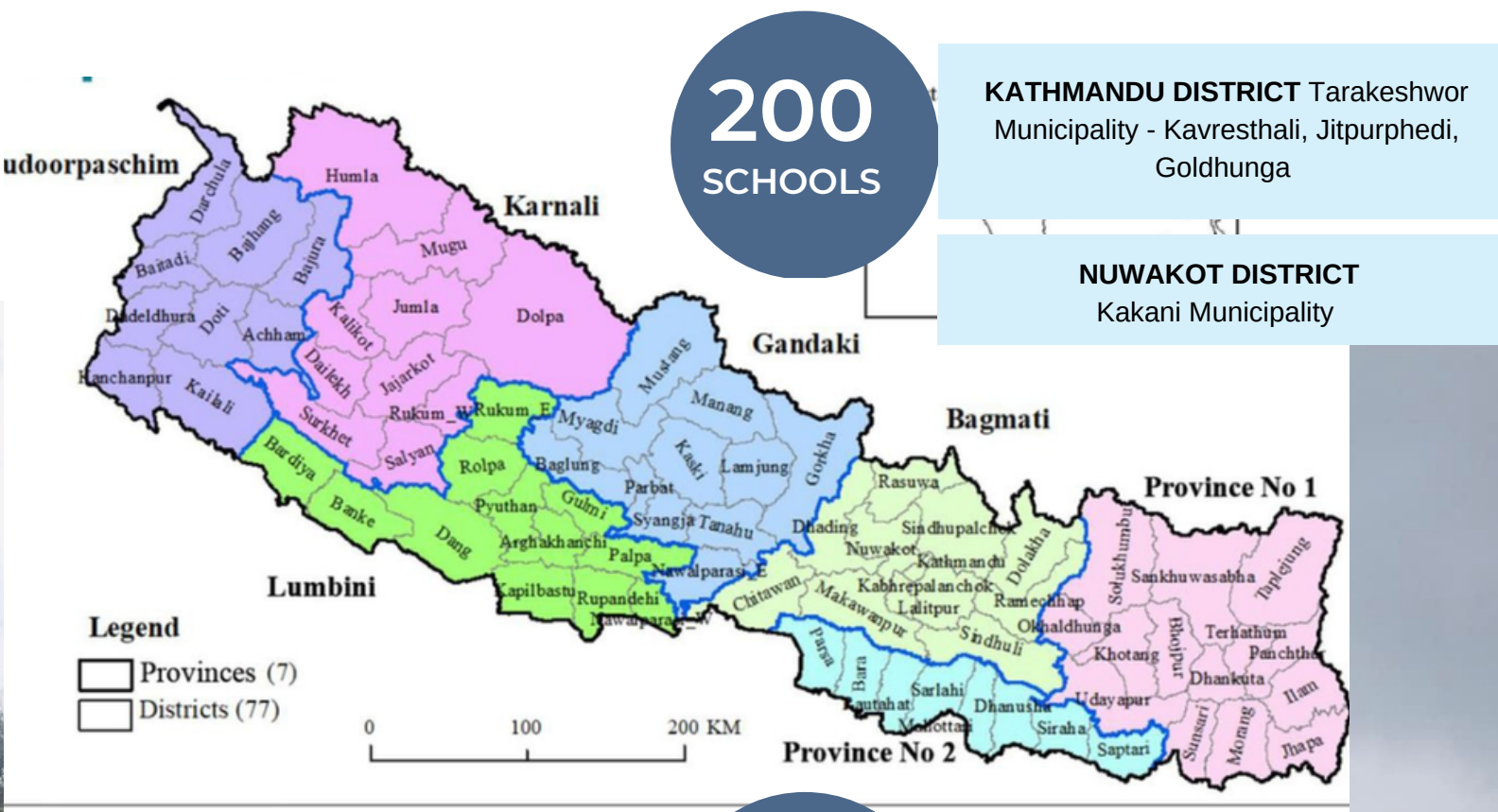
Accountability and transparency are central to our actions and use of resources.

EQUALITY

We believe that everybody has the right to be treated with respect and dignity.

WHERE DO WE WORK?

Since 2006, we have been working in disadvantaged rural areas of Nepal with a focus on community empowerment. VIN has mainly been working at Taluwa, Thulachhap, Narayansthan, and Bhadaure of Okhaldhunga; Tarekeshor municipality of Kathmandu and Kakani Municipality of Nuwakot.



OKHALDHUNGA DISTRICT
Siddhicharan Municipality - Taluwa, Thulachap, Narayansthan & Chisankhu Gadi Rural Municipality - Bhadaure

36,000 BENEFICIARIES

15 MONASTERIES

We also work in monasteries and nunneries within Kathmandu district around the areas of Boudhanath and Swambhunath stupas, and in Gokarneshwor and Nagarjun municipalities.

According to the new Constitution (2015), Nepal is divided into 7 provinces, 77 administrative districts, six metropolitan cities, and 11 sub- metropolitan cities, 276 municipalities (Nagar Palika), and 460 rural municipalities (gaon Palika). Cities and municipalities are divided into wards: the ward is Nepal's most minor administrative division. The total number of wards is 6684.

WHAT DO WE DO?



WOMEN'S EMPOWERMENT

The Women's Empowerment Program is essential for the social and economic development of our organization's working areas. We have worked with and for the women of most marginalized communities to improve their quality of life and uplift their social and economic status through income generation activities, formal and informal education, and social awareness workshops.

CHILDREN'S DEVELOPMENT

The primary goal of the Children's Development Program is to enhance the holistic development (physical, cognitive, social, and psychological) of children aged 3 to 15 and to support the primary education of students from disadvantaged backgrounds. It aims to promote children's rights of 6 to 15 years old through access to education and school- or community-based Children's Clubs.



YOUTH EMPOWERMENT

The Youth Empowerment Program aims to empower socially and economically youth aged 16 to 30 using educational, life skills, and entrepreneurship development projects and to involve them in community development initiatives through Youth Clubs' formation.

PUBLIC HEALTH AND MEDICAL CARE

The Public Health and Medical Care Program addresses rural communities' medical and health education needs. Our organization has been working with the Public Health Posts - to improve health indicators in the local context through public health initiatives, disease treatment and prevention, and research.



DISASTER RISK REDUCTION

The Disaster Risk Reduction (DRR) Program aims to minimize the risk of natural disasters and provide relief and safety to vulnerable communities. Since the devastating earthquake of 2015, we have been mobilizing volunteers and providing financial support and materials for reconstructing the houses, schools, community centers, libraries at our various project locations.

ENVIRONMENT CONSERVATION

The Environment Conservation Program aims to conserve, promote and protect the natural environment and the indigenous knowledge and to prevent, abate and control water, land, and air pollution to enhance the health, safety, and welfare of this and future generations of Nepal.



Our Impacts in Number by the end of 2022

338992 People Reached		
26610 Women's Life Impacted	60113 Children's Life Impacted	150008 Public Health & Medical Care
62188 Environment Conservation	36808 Disaster Risk Reduction	3265 Youth Life Impact



HIGHLIGHTS OF 2022

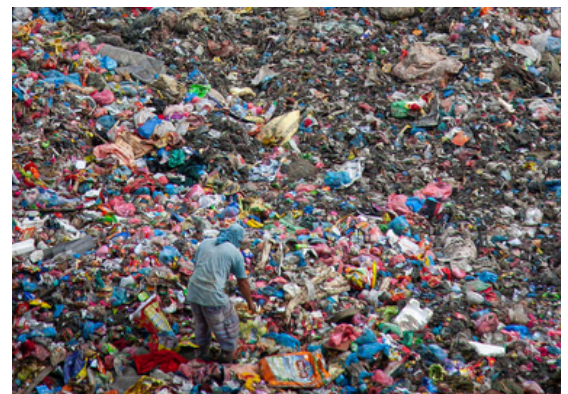


SURVEY ON NEED OF WOMEN IN JITPURPHEDI

The survey started on march with the aim to find out the need of the women in jitpurphedi community. VIN has been supporting women groups and conducted various activities in the past. Due to the covid, it was challenging to continue. Therefore this survey found out the current need after COVID-19.

RESEARCH ON WASTE MANAGEMENT

In Environment Conservation project, this research was very important to conduct in the Jitpurphedi community. It was very essential to know about the situation of the waste management in every household in the community. People are suffering from different diseases due to unmanaged waste and garbage. There is the lack of the proper waste management system in the community.



FOCUS ON WOMEN SKILLS

To further support women's skills, self-esteem, and financial independence, VIN conducted a 10-day advanced handbag and scarf-making training for 29 young Dalit women of Taluwa and Thulachhap in Okhaldhunga. We involved 17 women in computer classes, We continued our entrepreneurship activities and the micro-credit system. We reached 720 women with our workshops and training activities in 2022.



English language class in Devasthan, Jitpurphedi



A NEW LIBRARY IN OKHLDUNGHA

The construction works of the Narayansthan Library at Narayansthan Secondary School, Asine, Okhaldhunga started in 2021. The facility, handed over in the spring of 2022, targets more than 500 children and young people with after-school and developmental activities. Regular activities are going on for the overall development of the children through our facilitator.

WeTomorrow Foundation, Switzerland, has supported the project.

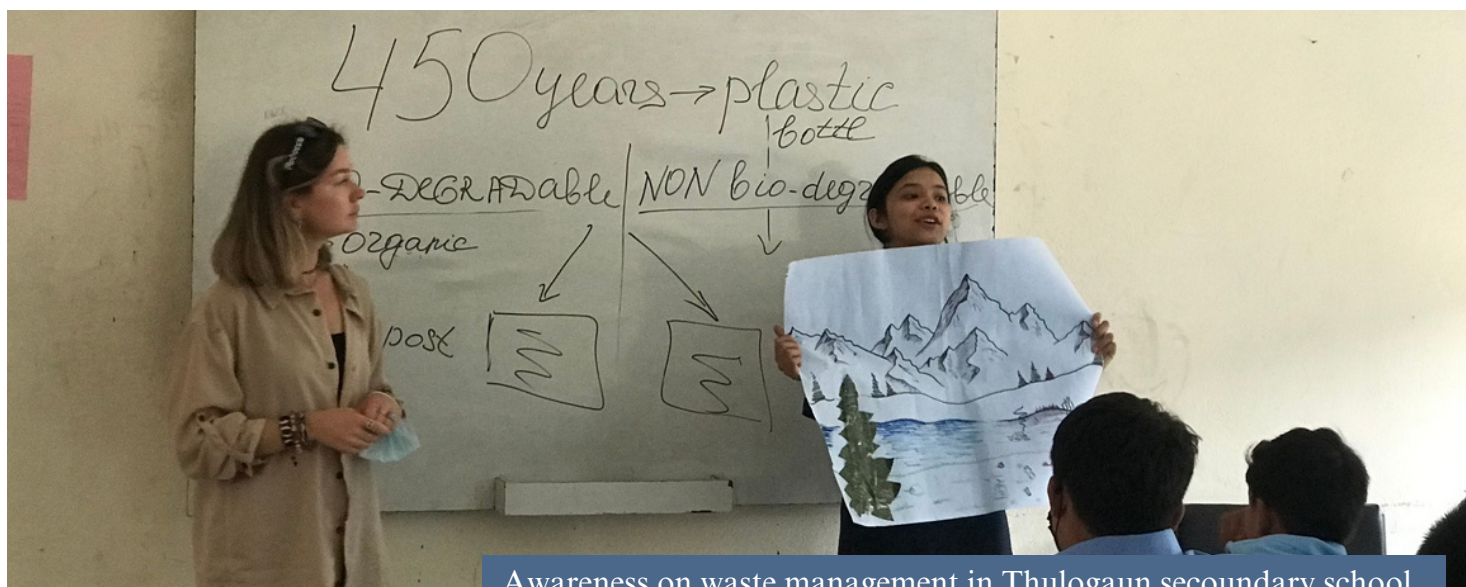
SUSTAINABLE LIVELIHOOD & FOOD PRODUCTION

The project aims to ensure sustainable food production by installing a micro irrigation system with water resource management in Okhaldhunga. During the project's pilot phase, VIN supported the construction of 11 RCC water tanks for Dalit families and organized a five days long kitchen garden training after the completion of water tank construction for the participating families in 2022. Daisy & George from Learning English with Laughter (LEL), Canada has supported the project.



FOCUS ON PUBLIC HEALTH

To aware the local people about their health and hygiene is one of the important aim for this project. Volunteers carried out many sessions related to health and hygiene in the community with the youth, women and children in the school. They conducted awareness campaign about first-Aid, occupational therapy, mensural health, sexual health, stress management and reproduction.



Awareness on waste management in Thulogaun secondary school,

PERMACULTURE

This project aims to utilize the kitchen garden to grow different seasonal vegetables. Volunteers work in the farm and with the farmers in the community. They aware the community farmers about the concept of permaculture. They encourage them to use all the unused land and grow different crops without any chemical fertilizers.



COMPUTER AND LANGUAGE SKILLS TRAININGS

At our Jitpurphedi Women Business Centre, we have been successfully conducting computer classes on a daily basis. We are proud to say that our efforts towards inclusivity have paid off, as we have witnessed a higher participation of women in the community compared to men. The enthusiasm and engagement shown by the women in these classes are truly inspiring, and we are delighted to provide them with valuable opportunities to enhance their computer skills. More than 50 people participated in the class.



BUILDING A NEW ECD CENTER

As part of the reconstruction and sustainability project to help the victims of the 2015 earthquake, VIN has constructed 8 ECD centers in Okladhunga.

Besides the new facility, In 2022, we began reconstructing two Early Childhood Development (ECD) buildings: one at Saptakanya School and another at Kadani School in Thula Chaap. These projects aim to provide a nurturing environment for young learners and symbolize our commitment to education and community development..



2
NEW EARLY
CHILDHOOD
DEVELOPMENT
CENTERS
IN 2022

LANGUAGE CLASS FOR YOUTH

In NTCLC with a group of international volunteers, organized language development classes for the youth. It was a fantastic project where 30 enthusiastic young individuals eagerly participated to improve their English language skills. The program provided a wonderful opportunity for them to learn from and interact with our dedicated volunteers, fostering a supportive and engaging learning environment.



SOCIAL WELFARE COUNCIL EVALUATION

Our Women Business Centre in Jitpurphedi has successfully completed its evaluation by the Social Welfare Council. We're grateful for the opportunity to showcase the positive impact we have on empowering women. The evaluation will guide us in improving our programs and services in the future.



RESOURCES DISTRIBUTION FOR SPONSORED CHILDREN:

We are proud to share that we have reached out to 40 children from deprived backgrounds, particularly from Dalit families in Okhaldhunga. Our support goes beyond just providing educational resources. We have ensured that they have everything they need for their studies, including school fees, uniforms, bags, stationery, and more. By removing these financial barriers, we are giving these children a fair chance to pursue their education and break free from the cycle of poverty. We are deeply committed to creating a brighter future for these young individuals, and we are grateful for the opportunity to make a positive impact in their lives.



COORDINATION WITH LOCAL GOVERNMENT



ViN has been actively collaborating with local government authorities to implement community development projects across various areas. Through close coordination and partnership with municipalities and rural municipalities, we ensure effective project planning and execution. By submitting yearly plans and involving local government representatives in the implementation process, we foster a sense of ownership and local involvement in the initiatives. This collaborative approach strengthens the impact of the projects and creates a sustainable framework for community development. Together, us and local government are working hand in hand to bring about positive change and improve the lives of the people in the region.





WOMEN EMPOWERMENT

The Women's Empowerment Program is essential for the social and economic development of our organization's working areas. We have worked with the women of the most marginalized communities to improve their quality of life and uplift their social and economic status through income generation activities, formal and informal education, and social awareness workshops.

Our Reach out by 2022

Women's Empowerment Programme- Our reach out	
Projects	Beneficiaries
Micro Credit	5160
Entrepreneurship Development	6268
Infrastructure Development	3000
Education & Life skills	12182
Total Beneficiaries	26610
Infrastructure Development & Support	
Women Business Centre Constructed	1
Women Cooperative formed and support	3
Women group formation	260



BACKGROUND

Nepali women are born into a patriarchal society that considers Women's Rights secondary to men's. Married early, with little or no education, land rights, or independent income, women often remain voiceless in society. They are highly dependent on men for their welfare. They bear the continued weight of socio-cultural discrimination and violence against them.

PROGRAM'S OVERVIEW

The program aims to empower women socially and economically through education, life skills, and income generation initiatives. The program has been implemented for 16 years in Jitpurphedi, 13 years in Okhaldhunga, and four years in Kavresthali. During this time, we have worked with and for the most marginalized women to improve their quality of life and uplift their social and economic status through income generation activities, formal and informal education, and social awareness workshops.

This program aims at meeting three objectives, around which rotate the three main projects active in Jitpurphedi, Kavresthali, Taluwa, Thulachhap, and Bhadaure!

ENSURE WOMEN'S ECONOMIC FREEDOM

Through the establishment of a Micro Credit system. This system is run through cooperatives, registered and certified by the Nepal government. It provides saving opportunities and small loans to women who want to engage in business or start businesses. So far, three cooperatives sponsored by us are active on the territory: **Jitpurphedi Women Agriculture Co-operative Limited**, **Taluwa Women Multipurpose Cooperative Limited**, and **Saraswoti Women Agriculture Cooperative Limited**. There are over 2000 members in these cooperatives. Local women entirely run these cooperatives. The beneficiaries of this project are local women from 20 to 59 years old - most of them were married under legal age (20 years old). The cooperatives contribute to giving their members more control over their finances, thus uplifting their living standards and life possibilities. Besides, they promote cooperation among their members.

DEVELOP WOMEN AS ENTREPRENEURS

The Women Entrepreneurship Development project empowers women by offering opportunities in both agriculture and non-agriculture-related income-generating activities. Through this initiative, women are able to step into entrepreneurship, improve their living conditions, and foster community development. To achieve these goals and cultivate a supportive business environment, we provide women with training in creating business plans, devising marketing strategies, designing products, attending entrepreneurship workshops, receiving vocational training, and benefiting from motivational speeches.

EDUCATE WOMEN ON THEIR RIGHTS AND EMPOWER THEM

This project includes English, Math, and computer literacy classes, trafficking prevention, health and sanitation campaigns, and soft skills workshops. Workshops address helpful topics, such as awareness against domestic violence, self-identity and self-esteem, communication, leadership, and team building. Additionally, in the frame of this project, social events are organized for the women to get together, build stronger bonds, and improve their social skills. Overall, through the Education and Life Skills project, we aim to help women to adjust and adapt to the current environment and social changes and to make them aware of their active role in the community.

MAJOR ACHIEVEMENTS IN 2022

Women's Empowerment in Jitpurphedi: Need identification Post-COVID

In Jitpurphedi, we completed a survey among women to understand their interests in educational classes provided by Volunteers Initiative Nepal (ViN) and assess the post-COVID situation. The survey revealed women's keen interest in vocational skills and entrepreneurship classes, showing a desire for self-reliance. Despite pandemic challenges, our workshops had a profound impact, empowering women with new skills, fostering entrepreneurship, and improving health and well-being. Our initiatives exemplify the power of women's empowerment in building a resilient and progressive community.

Transforming Lives in Okhaldhunga: ViN's Successful Women's Entrepreneurship Training

In a transformative effort, we conducted a highly successful women's entrepreneurship training program in Okhaldhunga. This program aimed to empower local women by providing training in jewelry making, handbag and purse crafting, and garment production. With the guidance of experienced trainers and mentors, over 50 enthusiastic participants gained comprehensive knowledge and hands-on experience in their chosen crafts.

The impact of the program has been remarkable, as women participants have taken bold entrepreneurial steps, launching their own businesses and showcasing their handcrafted products in local markets and online platforms. Our commitment to women's empowerment shines through this initiative, fostering economic growth and social progress in the region. Building on this success, We plans to expand its efforts to reach more women, fostering a brighter and more empowered future for communities in Okhaldhunga and beyond.



MANKUMARI LAMICHHANE'S JOURNEY TO INDEPENDENCE



Hard work and uncertain futures are some of the only constants for the people of JitpurPhedi, yet they are far from deterministic. Blossoming out of this, with the help of ViN, are many success stories like that of Mankumari Lamichhane.

Mankumari, with the help of her local Women's Business Centre, developed vital skills – such as crop management – that enabled her to start her own farm. Her business, in turn, yielded more than she could have ever hoped. Her vibrant tomatoes, chilies, and cucumbers not only provided sustenance and income for her family, but also stabilized her life. With her income, she was able to build a house, focus on her family, and provide generational wealth to her kids, giving them the freedom to pursue their dreams – all of which would have been impossible without the women's empowerment project.

With her education and financial independence, Mankumari has been empowered by her own community to forge her own destiny and is another countless success story in the mosaic of JitpurPhedi's glowing future.

Written by Luke Jouflas

Interview translated by Nisha Phuyal

Empowering Women for a Brighter Future: ViN's Life Skill Education Program

Volunteers Initiative Nepal (ViN) has been on a mission to empower women in various communities, touching the lives of over 500 women in Jipurphedi, Okhaldhunga, Taluwa, Thulachaap, and Badaure through their life skill education program. This transformative initiative has provided women with essential knowledge in health education, reproductive health, leadership development, stress management, and women trafficking prevention.

Through interactive workshops and educational sessions, participants have gained valuable insights and practical skills, enabling them to make informed decisions about their health, families, and personal growth. Our unwavering dedication to women's empowerment has been a catalyst for positive change, as women embrace leadership roles within their communities and contribute to societal progress.

As we continue our efforts to expand the program's reach, it leaves behind a trail of empowered women, ready to face the future with resilience, confidence, and determination.

ViN Empowers Women Cooperatives: Micro-Credit Support and Entrepreneurship Workshops Drive Success

We are leveling women's empowerment through its micro-credit support and entrepreneurship workshops for active cooperatives, including Jitpurphedi Women Co-operative, Taluwa Mahila Multi-Purpose Co-operative, and Sarwosoti Women Agriculture Co-operative Thullachap. Our transformative efforts have enabled local women entrepreneurs to thrive with financial backing for small ventures, fostering economic growth and resilience. Regular saving and credit activities have instilled financial discipline, ensuring a secure future. The dynamic entrepreneurship workshops equip women with vital business skills, driving sustainable growth and inclusive development. The collaboration between ViN and these cooperatives has become a powerful catalyst for positive change, empowering women to take on leadership roles and contribute to a more equitable and prosperous society.



57

ECD'S



63

TRAINEES



48

SPONSORED
CHILDREN



77

TEACHER IN
TRAINING

CHILDREN'S DEVELOPMENT

The primary goal of the Children's Development Program is to enhance the holistic development (physical, cognitive, social, and psychological) of children aged 3 to 15 and to support the primary education of students from disadvantaged backgrounds. It aims then to promote children's rights of 6 to 15 years old through access to both teachings and school- or community-based Children's Clubs.

Our Reach out by 2022



Children's Development Programme- Our reach out	
Projects	Beneficiaries
Children's Life Skills Facilitation	34459
Children's Education Sponsorship	720
Early Childhood Education	10535
Child Protection	2885
Teachers' Development	4270
Street, Orphan & conflict victim Children	834
Infrastructure Development	6410
Total Beneficiaries	60113
Infrastructure Developed and support	Number
Early Development Centre constructed and renovated	56
Children's Education Sponsorship	720
School's compound wall construction	10
Library Constructed and managed	17
Classroom Construction & renovation	70
Classroom Painting and renovation	26



BACKGROUND

In Nepal, the education system heavily prioritizes securing high grades, leading schools to compete for the maximum number of passing students. This focus on standardized tests and rote learning, often at the expense of true understanding, has led to a prevailing trend where children study primarily to attain certificates rather than to acquire genuine knowledge. This trend has concerning implications: children miss out on honing essential problem-solving and critical thinking skills crucial for their development. The lack of encouragement to voice opinions contributes to their self-doubt and can impact their future job satisfaction. Furthermore, the system's limitations in fostering creativity restrict opportunities for social interaction, the assertion of rights, and self-expression, all of which are vital for shaping well-rounded citizens.

Volunteers Initiative Nepal (VIN) believes that the protection and promotion of children's rights and childhood development are vital to creating an empowered community. Early Childhood Education (ECE) is one of the successful projects under the Children's Development Program. VIN has been implementing this program not only in Okhaldhunga but also in Okharpauwa - Nuwakot, Jitpurphedi, and Kavresthali communities of Kathmandu.

Although all children develop at their own pace, they progress through a sequence of physical, cognitive, and emotional growth and change. Children who are nurtured and well cared for are more likely to develop their learning, language, and emotional and social skills.

PROGRAM'S OVERVIEW

The primary goal of the Children's Development Program is to enhance the holistic development (physical, cognitive, social, and psychological) of children aged 3 to 15 and to support the primary education of those coming from disadvantaged backgrounds.

Our second goal is to promote children's rights of 6 to 15 years old through access to education and school- or community-based Children's Clubs.

To reach these goals, we run three main child-related projects:

CHILDREN'S CLUB PROJECT

This project aims to have all children aged 6 to 15 years exercise their fundamental rights through extracurricular activities, which teach them essential life skills and give them a platform to explore their talents and talk about child-related issues. Under this project, we are organizing summer and winter camps. Their objective is to involve children during their vacation to promote their innate talent and creativity for their overall physical, mental & socio-emotional development. Parents who are busy and cannot provide sufficient time for their children during vacation might send their children to such types of camps.

EARLY CHILDHOOD DEVELOPMENT PROJECT

The objective of the Early Childhood Development Education project is to increase access of 3 to 5 years old children to quality early education.

SCHOOL ATTENDANCE PROJECT

This project aims at increasing access of children aged 6 to 15 to quality education. Under this project, we run the following projects: teaching, teacher development, school infrastructure development, and sponsorship.

MAJOR ACHIEVEMENTS IN 2022

New Early Childhood Development Centre Construction Benefits 35 Children in Saptakanya and Kadani*

ViN celebrates the completion of a beautiful, earthquake-proof Early Childhood Development (ECD) centre at Saptakanya and Kadani schools In Okhaldhunga. This vital project we completed to the school's urgent need for more classrooms, benefiting around 35 children. Our dedication and community support have created a safe space for early education, nurturing young minds for a brighter future.

Narayansthan Library: A New Haven for Learning in Okhaldhunga

Our beautiful Narayansthan Library is now in function, bringing knowledge and inspiration to the community. Thanks to the dedication of local supporters and generous donors, this dream library has become a reality. Narayansthan Library welcomes everyone.

The library is set to be a hub for workshops, events, and ideas, empowering people of all ages to explore, grow, and learn. More than 250 children are using the library regularly now

Sponsored 40 Children in Okhaldhunga: Creating Brighter Futures

ViN has been supporting children's education through sponsorship program. We have successfully helped 40 children from deprived backgrounds, especially from Dalit families this year. We distributed educational resources and covered school fees, uniforms, bags, and more. By breaking financial barriers, these children have a fair chance to pursue their education and escape poverty. We would like to thank to our sponsors.



MAJOR ACHIEVEMENTS IN 2022

Empowering Children at CLC – Computer, language, art, sports, etc.

Our Community Learning Center (CLC) offers children various programs. Alongside computer classes, the children participate in online and offline language courses, art and sports activities led by our staff, international and national volunteers.

The computer classes provide essential digital skills, boosting the children's confidence for success in the digital age. We ensure their development by offering language classes for better communication and art and sports activities to foster creativity and teamwork.

The involvement of diverse volunteers creates an inspiring learning environment, encouraging the children to explore their talents. Families and the community witness positive transformations in the children's lives. Our programs at CLC empower children through various activities. From computer skills to language, art, and sports, they gain valuable skills that shape their future. With the guidance of international and national volunteers, this initiative creates a bright tomorrow.



Teacher's Development

VIN has empowered many teachers with skilled based training. VIN has collaborated with the Inspiring teachers UK, to enhance skill of the school teachers through the training. More than 20 Inspiring Teachers from different parts of the world came together to train and support our teachers. This project reach out more than 75 teachers from different schools of Kathmandu valley. The training last for a month where the teachers observed the teaching practice at first and then provided training with regular follow up and feedbacks. This has brought good impact on the way of teaching for those teachers which will bring change in our education.





ENGLISH LANGUAGE CLASS IN JITPURPHEDI COMMUNITY AND CLC OKHALDHUNGA



PUBLIC HEALTH AWARENESS IN SCHOOL OF JITPURPHEDI



CONSTRUCTION OF NEW EARLY CHILDHOOD DEVELOPMENT (ECD) IN OKHALDHUNGA



75 YOUTH IN IT
TRAININGS



42 YOUTH LEARNED
ENGLISH



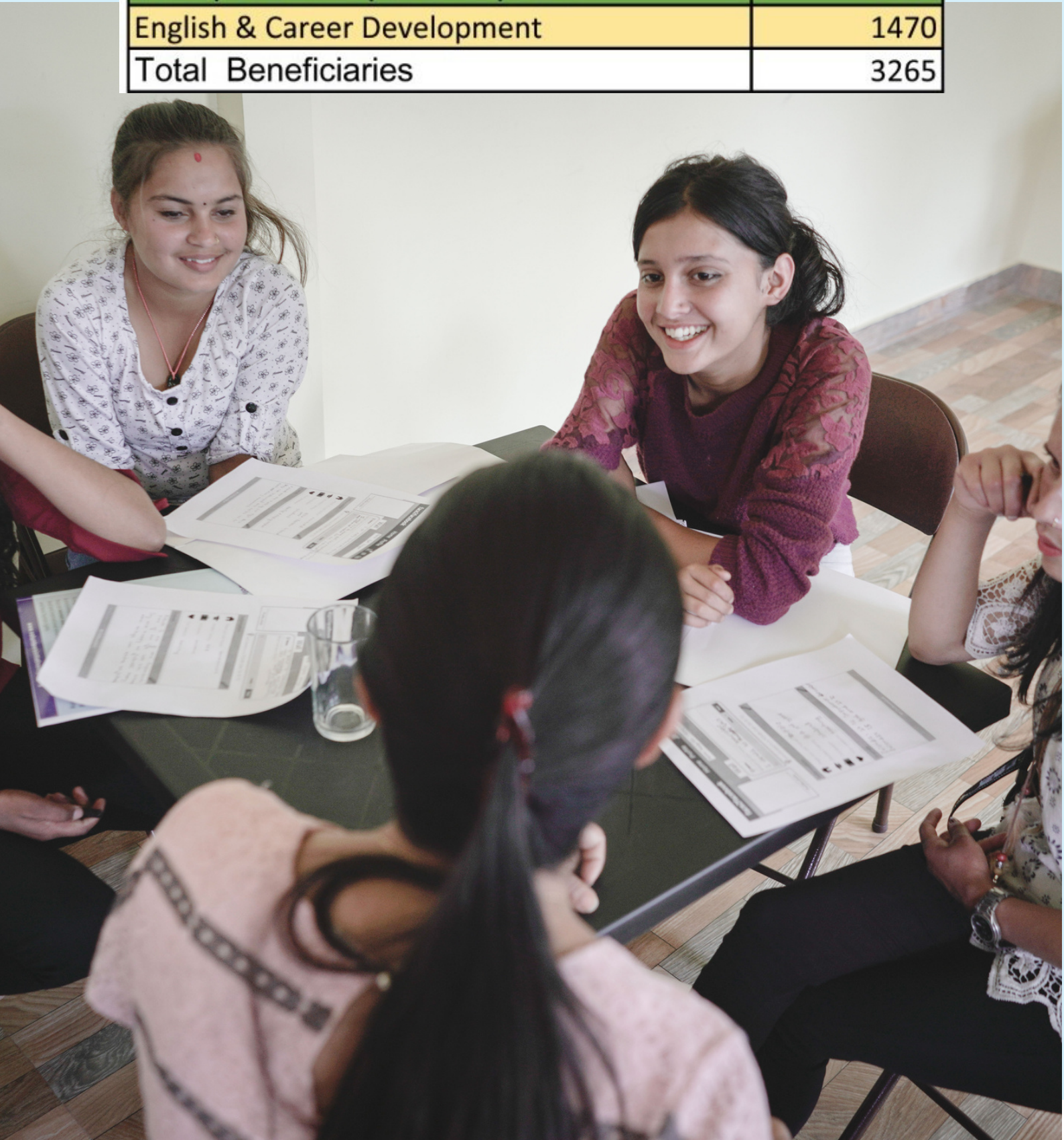
35 VOLUNTEERS

YOUTH EMPOWERMENT

The Youth Empowerment Program aims to empower socially and economically youth aged 16 to 30 using educational, life skills, and entrepreneurship development projects and to involve them in community development initiatives through Youth Clubs' formation.

Our Reach out by 2022

Youth Empowerment Programme - Our reach out	
Project	Beneficiaries
Youth Clubs & Life Skills	1569
Entrepreneurship Development	226
English & Career Development	1470
Total Beneficiaries	3265



BACKGROUND

The Youth Empowerment Program aims to empower socially and economically youth aged 16 to 30 using educational, life skills, and entrepreneurship development projects and to involve them in community development initiatives.

The program includes a variety of projects having the following objectives:

- To educate youths on their rights and life skills through training workshops and campaigns.
- To develop youth-friendly societies through youth clubs, capacity development, and employment opportunities
- To ensure youth participation in community development activities.

MAJOR ACHIEVEMENTS IN 2022

Youth with Language Classes - 30 Participants Benefit

We organized language classes for 30 enthusiastic youths. The classes taught English, helping the participants improve their communication skills and opening doors to new opportunities. The program's inclusive and supportive environment, led by dedicated volunteers, received positive feedback, inspiring the youth to excel in their language learning journey.

LOCAL YOUTH EMPOWERMENT PROJECT BENEFITS 31 YOUTHS



We led a powerful youth empowerment project where local youth volunteered. 75 young individuals actively participated in initiatives that brought positive changes to the community. Our International volunteers organized youth entrepreneurship, public speaking, stress management, and waste management camps and worked in the community.

Youth empowerment project; 35 local youths participated in volunteer activities. International volunteers joined, creating a cultural exchange.




430
PEOPLE
TRAINED


173
PATIENTS

PUBLIC HEALTH AND MEDICAL CARE

The Public Health and Medical Care Program is designed to address rural communities' health and health education needs. Our organization has been working with community health centers to improve health indicators in the local context. The goal of our program is to promote healthy communities.

Our Reach out by 2022



Public Health and Medical Care - Our reach out	
Projects	Beneficiaries
Public Health Education	22883
WASH Campaigns (Public Health)	39304
Infrastructure Development for Public Health and Medical Care	66500
Medical Care	20689
Health and Welbeing	620
Public Health Research	12
Total Beneficiaries	150008
Infrastructure Developed	Number
Facilities Upgrade, pathology lab at the Public Health Posts	3
Labor room establishment	1
Toilet construction for families and schools	3000



BACKGROUND

In Nepal, the health indicators are still alarming. Under-five mortality is 32‰, 27% of children under five are malnourished, and maternal mortality is 258 per 100,000 live birth (Nepal Demographic Health Survey 2016). Access to proper health and sanitation facilities is often minimal, and awareness of correct hygiene practices is low. About 19% of the population is deprived of sanitation facilities, whereas 17% do not have access to clean drinking water in the communities (Millennium Development Goals, Final Status Report 2010-2015). As regards health facilities in Nepal, remoteness and poverty are linked. Medical care is urban-focused. The doctor-to-population ratio for the whole country is 1:1724. Like most developing nations, doctors are geographically maldistributed in Nepal. The Kathmandu valley has one doctor for 850 people, but in rural areas, there is one doctor for every 150,000 people (The Janaki Medical College Journal of Medical Sciences, 2017). Ensuring access to health care and public health initiatives are significant challenges in developing nations like Nepal. The leading institutions that delivered essential health services in 2017-18 were the 125 public hospitals, including other ministries, the 1,822 non-public health facilities, the 198 primary health care centers, and the 3,808 health posts (Annual Report Department of Health Services 2074/75).

PROGRAM'S OVERVIEW

Public Health and Medical Care Program aims to promote healthy communities. The Public Health and Medical Care Program addresses community health and health education needs. Our organization has been working with community health centers to improve health indicators in the local context. The program has two components: the Public Health Initiative and the Medical Care Initiative. The first aims to prevent disease and prolong life through a healthy lifestyle and promoting health, while the second aims to control and treat diseases. Each component has various projects (see the table below).

MEDICAL CARE INITIATIVE

It focuses on health, hygiene, and sanitation education, promotion of hand washing and toilet use, support for building hygienic toilets and trash collecting bins, organizing health clinics and outreach camps, conducting school health and community campaigns for a healthy lifestyle, prevention of communicable and non-communicable diseases, provision of quality health services to senior citizens, physically and mentally impaired people, single women, and ensuring safe drinking water and institutional delivery. The initiative includes specific projects: health hygiene and sanitation education, school health education, first aid training, and health research.

PUBLIC HEALTH INITIATIVE

It is an integrated program to prevent disease, improve life expectancy, treat conditions, and promote human health through organized efforts and informed choices of society, organizations, public and private, communities and individuals. Ultimately, it aims to improve the quality of life through the prevention and treatment of disease, including mental health. This is done by monitoring cases and health indicators and promoting healthy behaviors.

MAJOR ACHIEVEMENTS IN 2022

ViN's Hygiene Awareness Program for Children: A Healthier Future

We conducted interactive sessions on tooth brushing and hand washing in Okhaldhunga and Kathmandu schools, promoting essential health and hygiene practices among children. With the active involvement of ViN staff and medical experts, the program effectively educated children on the significance of maintaining good dental health and proper hand-washing techniques. The engaging approach encouraged children to adopt healthier habits, leading to a reduction in dental issues and the spread of infections. Our commitment to public health and medical care initiatives has positively impacted the well-being of the children and communities we serve. By empowering the younger generation with valuable knowledge, we envision a healthier and brighter future where good health practices are integral to daily life.



Breaking Barriers: Menstrual Hygiene Education for Girls and Women

We have conducted vital menstrual hygiene education sessions for girls and women aged 10 to 50 in the community and schools. Addressing common misconceptions and promoting proper hygiene practices, We empowered participants with knowledge about menstruation, symptoms, and self-care during this natural process. Beyond the school setting, we engaged families and the community to destigmatize menstruation, ensuring girls received the support and care they needed during their periods. This initiative fosters confident and informed women, breaking barriers and promoting health for a brighter future.



Medical Volunteers and Professional Doctors for Community Health Posts

Our crucial intention is to support for community health posts, providing assistance through dedicated medical volunteers and professional doctors. The network of medical volunteers conducts health camps and delivers primary healthcare services, while professional doctors generously offer specialized expertise. This collaborative effort ensures consistent and quality healthcare services for underserved communities. OUR commitment is to improving healthcare access has earned the trust and gratitude of the communities it serves,



DISASTER RESPONSE AND RELIEF

The Disaster Risk Reduction Program aims to minimize the risk of natural disasters and provide relief and safety to vulnerable communities. Since the devastating earthquake of 2015, we have been mobilizing volunteers and offered financial support and materials for the reconstruction of the houses at our various project locations.

Our Reach out by 2022

Disaster Risk Reduction Programme - Our reach out	
Projects	Beneficiaries
Rapid response	7463
Rehabilitation	6100
Reconstruction and Sustainability	19,305
Disaster Preparedness	3940
Disaster and Risk Reduction Research	15
T. Beneficiaries	36,808



BACKGROUND

The devastating earthquake of the 25th of April 2015 resulted in over 8,500 deaths and left thousands of people injured. Over 600,000 houses were destroyed. The places we worked - Kavresthali, Jitpurphedi, Okharpauwa, Bhadaure, Taluwa, and Thulachhap - were severely affected. According to the data collected by our organization after the earthquake, in Jitpurphedi, 900 households and six schools were affected, while nine people were killed and 15 were injured. In Okharpauwa, 1,500 houses and eight schools were damaged, ten people died, and more than 15 were wounded. Likewise, in Bhadaure, Taluwa, and Thulachhap, 553 homes and six schools were destroyed. There were no cases of casualties, and a few people were injured. In response, we initiated the Disaster Relief and Recovery Project to support the earthquake victims and provide emergency support. This later developed into the Disaster Risk Reduction Program with three project phases: Rapid rescue and Response, Rehabilitation and Reconstruction, and Sustainability. We are now focused on implementing the third project phase, Reconstruction and Sustainability since 2017.

PROGRAM'S OVERVIEW

This program aims to minimize the risk of natural disasters and provide relief and safety to vulnerable communities. We have mobilized volunteers to reconstruct earthquake-hit houses at various project locations. In addition, we provide financial support and materials per the family's needs.

The objectives of this program are as follows:

- Educate Communities on Disaster Risk Reduction, Response, Mitigation, and Preparedness
- Promote and ensure disaster-resilient infrastructure
- Develop skills and involve affected people in entrepreneurship

We prioritized as beneficiaries the families with the following characteristics: financially in need, presence of a person with a disability, single woman, widow-headed, and lack of regular income. The following steps have been taken before starting the house reconstruction:

- Coordinate with the local government to get the list of families that meet our selection criteria.
- Survey every family from the list to identify their situation.
- Collect the required documents such as victim card, citizenship, land certificate, house design, application, and recommendation letter from the local government from the victim families.
- Conduct a meeting with the family to set a plan and determine the involvement of both our organization and the family in the project.



Strengthening Communities: ViN's Survey and DRR Committees



A survey was conducted in Taluwa, Thulachaap, and Bhadaure communities to understand their challenges in preparing for disasters. our plan to form Disaster Risk Reduction (DRR) committees in each community and provide them with training to help during emergencies. This approach will make the communities safer and more prepared for any difficulties that might come their way. We dedicated to empowering these communities, so they can face challenges together and build a stronger foundation for disaster preparedness.





ENVIRONMENT CONSERVATION

The Environment and Conservation Program aims to conserve, promote and protect the natural environment and the indigenous knowledge and to prevent, abate, and control water, land, and air pollution to enhance the health, safety, and welfare of this and future generations of Nepal.

OUR REACH OUT BY 2022

Environment Conservation Program- Our reach out	
Projects	Beneficiaries
Permaculture for Sustainable Food Production	1,334
Agroforestry	21,170
Waste Management Campaign	20,313
Water Resource Management	18,035
Stop Climate Change	1,325
Environment research	11
Total Beneficiaries	62,188



PROGRAM'S OVERVIEW

The Environment and Conservation Program aims to conserve, promote and protect the natural environment and the local cultures, and to prevent, abate and control water, land, and air pollution to enhance the health, safety, and welfare of this and future generations of Nepal.

The program has the following objectives:

- Identify common environmental problems and climate change-associated factors
- Prevent and control water, land, and air pollution and develop best practices for environment conservation, protection, and promotion
- Educate on the protection and conservation of natural and cultural heritage sites.

MAJOR ACHIEVEMENTS IN 2022

Environmental Conservation Program: Addressing Climate Impact and Waste Management

We have initiated an impactful environment conservation program with international and national volunteers. The program focused on researching climate change's impact on agriculture and waste management in Kathmandu and Okhaldhunga.

Through dedicated research, the volunteers identified major challenges posed by climate change on agriculture and highlighted issues in waste management. We aim to use the findings to implement sustainable solutions and create a greener future for the communities.

Agricultural Empowerment: Seeds Distribution and Teaching Farm Development

We had a significant impact in Okhaldhunga by distributing diverse seeds for vegetables and plants, promoting food security and sustainable farming practices. This initiative aimed to empower local communities with the resources needed to cultivate nutritious crops and foster self-sufficiency.

Furthermore, we have conducted a teaching farm development project at the Naratika Community Center, creating a dedicated space for educational farming activities. This teaching farm served as a hub for locals to learn organic farming techniques and best practices, equipping them with valuable skills to enhance their agricultural endeavors.

Sustainable Food Production: Empowering Families with Sustainable Solutions

We are positively impacting through our permaculture project. Supporting 11 families, We constructed water tanks with a 4000-liter capacity, benefiting 31 individuals with a sustainable water supply. Additionally, 11 families received training on organic vegetable production, ensuring nutritious crops using eco-friendly methods. Moreover, 21 families underwent specialized permaculture training, equipping them with self-sustaining agricultural practices. OUR dedication is to have sustainable community development that fosters resilience and empowers families to thrive harmoniously with nature, creating a greener and more sustainable future.

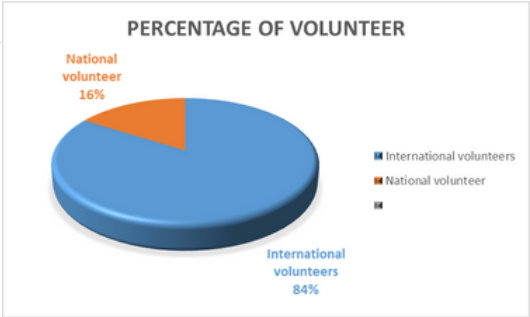


INTERNATIONAL VOLUNTEERS

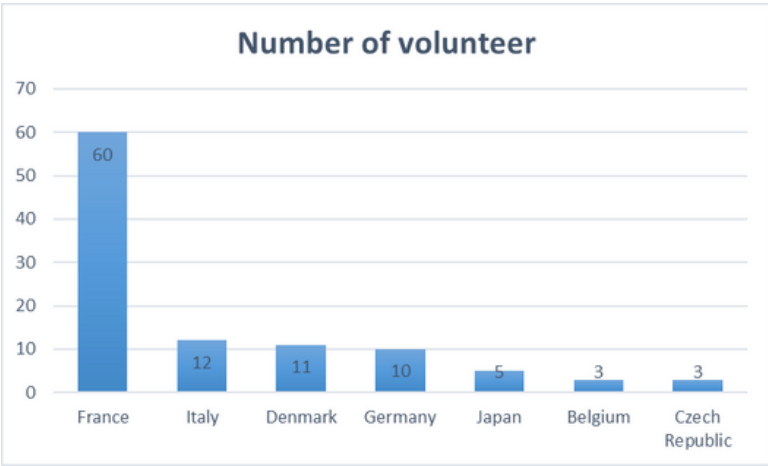


My experience was amazing; I will always remember it in my life. It brought and taught me so much about everything in the life. I really felt that I grew during this experience because I was inspired by the Nepali people who are so strong, so helpful, generous and never complaining even though they are working very hard. I felt very happy to share what I could taught to the children and the women and hope it can make their life better”.-Agathe Labbe, France, Public Health and Medical Care.

In the year 2022, VIN received 163 international volunteers and 31 national volunteers. As compared to the previous year 2021, this year there has been incensement in the total number of volunteers.



WHERE DID OUR VOLUNTEERS COME FROM?



Futher Actions

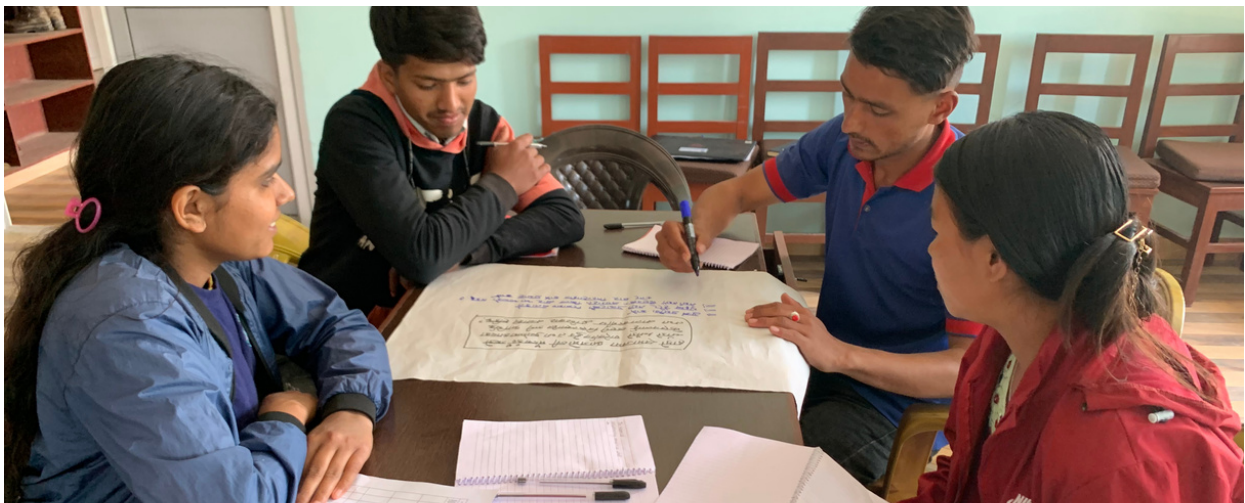
The Beautiful Mind Initiative: Problem Management Training Unites 23 Participants from Philippines, Lithuania, and Vietnam in Nepal

The Beautiful Mind Initiative held in Nepal gathered 23 participants from the Philippines, Lithuania, and Vietnam. With a focus on problem-management training, the project started each day with peaceful yoga sessions followed by diverse problem-solving workshops. The cross-cultural exchange fostered unity and enriched the participants' skills, impacting their lives.



CARE

The CARE Project, initiated by the Global Citizen Academy, tackled garment exploitation and fast fashion's negative impact. Participants gained insights through job shadowing in Italy and Lithuania, learning about ethical fashion practices. Back in Okhaldhunga, Nepal, WE SUCESSFULLY educated local youth on sustainable fashion, promoting responsible consumption. The project empowered the participants to become advocates for change, inspiring a more just and sustainable fashion industry.



PLANS FOR 2023

SUSTAINABLE FOOD PRODUCTION (MICRO- IRRIGATION PROJECT)

VIN has been implementing Sustainable Food Production Project in Taluwa, Thulachap, and Bhadaure of Okhaldhunga since 2021.

This project ensures sustainable food production among Dalits by managing local water resources for micro irrigation projects. The project will support regular nutrition supply and increase the socio-economic status of Dalits in Okhaldhunga.

This project supports Dalits:

- To make a water collection chamber close to their houses where they can store water from multiple sources;
- Train farmers for the optimum use of water;
- Train techniques of the micro irrigation system;
- Establish a base for socio entrepreneurship and micro enterprises.

The project ensures water availability throughout the year and supports farmers growing vegetables. In addition, the project is linked up with permaculture and agroforestry projects to ensure sustainable food production. Our strategy to implement this project is in three phases over five years. In the first phase of one year, we did a pilot project with 20 beneficiaries. Our target is to construct water tank to each family of the whole community and train vegetable farming techniques through permaculture.

In this project, we constructed a reinforced RCC water storage tank of 4000 liters for micro irrigation. The tank is filled with water from different sources such as pond, river, stream, springs, and community tap that is available nearby. Also, there will be a rainwater harvesting system in place. In some drought areas, they can collect only rainwater. The storage tank's outlet is connected to a pipeline system linked with drip irrigation or sprinkles for the micro irrigation to the kitchen garden or through a watering can. This will support farmers in growing vegetables in the kitchen garden throughout the year with a small quantity of water. The project will be implemented in multiple phases with tracking of progress. We aim to construct at least 50 water tank in 2023.



WOMEN'S EMPOWERMENT

We plan to orient the group about the importance of groups, and their responsibility, orient soft skills for their capacity build up, connect them through cooperatives, build up the capacity of cooperative staff, and conduct entrepreneurship training in Okhaldhunga. In 2023, we will be helping to establish cooperatives in Bhadaure and unite women from Taluwa, Thulachap, and Bhadaure through cooperatives.

Support women to develop their Computer skills.

CHILDREN'S DEVELOPMENT

VIN has the plan to form/reform child clubs in schools at Okhaldhunga and in Jitpurphedi. We will orient child club members about life skills, club management, child rights, and extracurricular activities.

Children will be trained in computers and e-learning through libraries we established at NaraTika Community Learning Centre and Narayansthan School.

Conduct regular online English language development classes in NaraTika Community Learning Centre and Narayansthan Secondary School library Asine through International Volunteers.

Involve children to use the library regularly in the community.

Construct 3 ECD classrooms, organize ECD Teachers' training, monitor and support ECD centers of the communities.

Organize training for 100 teachers in Kathmandu and Okhaldhunga on teaching skills and whole school development.

Organize training and workshops for the teachers and parents. Continuation of 48 children's education sponsorship and support upgrade/improve their education. Library construction and management at Taluwa.

Organize different extra curricular activities, and education through camps and other activities.



YOUTH EMPOWERMENT

We have a plan to do a youth need assessment in Kathmandu and Okhaldhunga to know the actual status of and needs of youth. We will form youth clubs. We will orient youth about soft skills and organize training on different vocational skills to develop them as entrepreneur. We will support the youth to develop activities and collaborate on the plan with the local government. Train local youth for community development and involve them in development activities as a volunteer. We also plan to conduct regular computer and language classes for them.

NARATIKA COMMUNITY LEARNING CENTER

Promote the available services of NTCLC. Optimum utilization of the resource. Continue computer classes and e-learning. Continue library and children's center activities. Develop the plot as a vegetable teaching farm through permaculture technique.

PUBLIC HEALTH AND MEDICAL CARE

Regular support and education to community people. Support and awareness campaign on health, hygiene and sanitation.

Water tank construction and water distribution in coordination with Ward in Barchande

Yoga class/practice at NTCLC

Organize health camp at NTCLC in coordination with Municipality



ENVIRONMENT AND CONSERVATION

- Support and train farmers in kitchen gardens through permaculture techniques. Follow up and new plantation in the community.
- Encourage people to do organic farming and organize training on it.
- Support and encouragement on agroforestry.
- Plant 1000 trees in Okhaldhunga.



DISASTER RISK REDUCTION

Preparedness training on disaster risk reduction in the community.
Coordinate with the like-minded organization for it.

Conduction of research on DRR and develop report.
Emergency risk and disaster management committee formation preparation workshop /training in Okhaldhunga.



VOLUNTEERING

Recruitment and mobilizing volunteers in community development activities.



FINANCIAL STATEMENT 2022

BALANCE	CURRENCY (NPR)
TOTAL INCOME	22,030,991.02
TOTAL EXPENDITURE	19,728,464.56

The financial statement 2022 is based on the Nepalese fiscal year that follows the Nepali calendar going from the financial year from 1st Shrawan 2078 to 31st Ashadh 2079 (16th July 2021 to 15th July 2022).

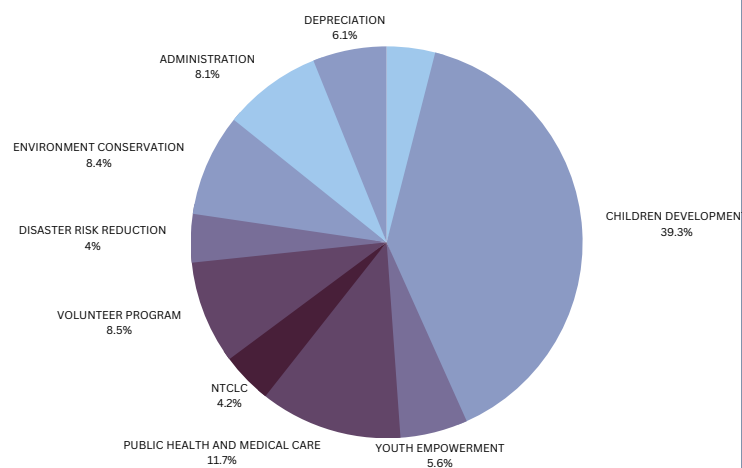
INCOME SOURCES

BALANCE	CURRENCY (NPR)
EXTERNAL SOURCES	9,567,550.84
INTERNAL SOURCES	12,463,440.18
TOTAL	22,030,991.02

A total of 9,567,550.84 NPR was raised from the public in 2021-22 (fiscal Nepalese year) through donors, partner organizations, community fundraising and individual givings. At the same time, 12,463,440.18 NPR have been accumulated from internal sources

EXPENDITURE BY PROGRAM

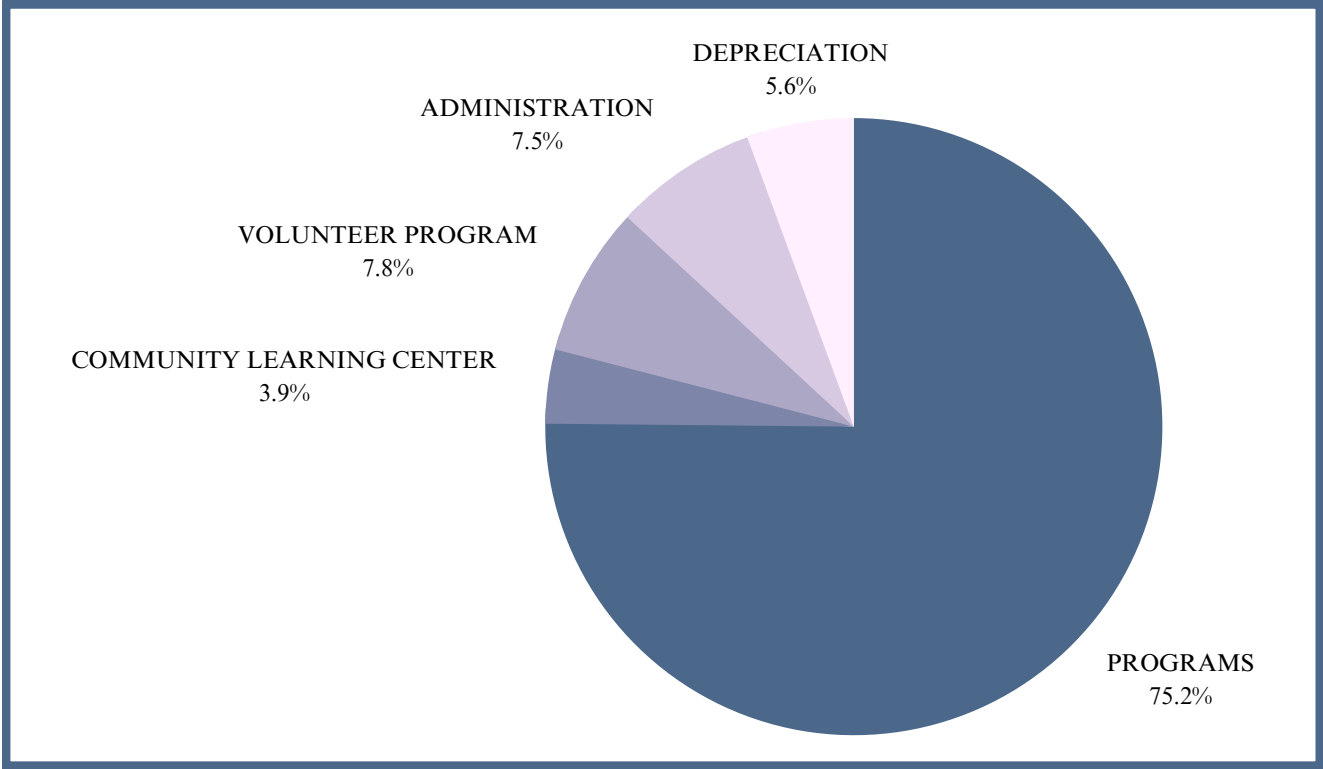
PROGRAM	CURRENCY (NPR)
WOMEN EMPOWERMENT	787,353.20
CHILDREN DEVELOPMENT	7,754,258.00
YOUTH EMPOWERMENT	1,100,040.25
PUBLIC HEALTH AND MEDICAL CARE	2,317,962.00
NTCLC	830,202.40
VOLUNTEER PROGRAM	1,679,184.17
DISASTER RISK REDUCTION	786,515.67
ENVIRONMENT CONSERVATION	1,662,983.00
ADMINISTRATION	1,607,019.51
DEPRECIATION	1,202,946.37



EXPENDITURE BY SECTOR

The major expenses in 2021 are related to our programs. In the 6 key areas of intervention, the total spending was 6,533,527.32 NRP. The Community Learning Center program's costs were: 1,853,060.50 NRP. The expenses of our volunteers programs were 805,145.1 NRP. The administrative cost was 1,156,253.09 NRP and we have to count with the depreciation in the value of 1,373,680.68 NRP.

SECTOR	EXPENDITURE (NRP)
PROGRAMS	16,088,296.3
COMMUNITY LEARNING CENTRE	830,202.4
VOLUNTEER PROGRAM	1,679,184.17
ADMINISTRATION	1,607,019.51
DEPRICIATION	1,202,946.37
TOTAL	1,728,464.56



KEY PEOPLE AND ADMINISTRATIVE INFORMATION

BOARD OF DIRECTORS

Bhupendra Ghimire, Founder President

Shantiram Khatiwada, Vice President

Dinesh Khatiwada, Secretary General

Narayan Kaji Ghimire, Treasurer

Loknath Neupane, Member

Richa Ghimire, Member

Surendra Kumar Bogati, Member

STAFF SUPPORT STAFF

Bhupendra Ghimire, Founder and President

Dinesh Khatiwada, Volunteer Manager

Varsha Pradhan, Communication Officer Intern

Ashok Thandar Chaudhary, Volunteer Coordinator

Richa Ghimire, Secretary to the President

Manita Basnet, Accountant

Samita Rana Magar, Librarian Cum Learning Facilitator

Uttar Kumar Shrestha, Program Officer

Sirjana Thapa Magar, Cooperative Manager

Sanju Aryal, Local facilitator Intern

Nabin Bajracharya, Web Master

Shantiram Khatiwada, Lawyer

Surendra Man Joshi, IT Consultant

Narayani Dongol, Office Assistant and Cook

Ramesh Shrestha, Gardener and caretaker

Bal Kumari Karki, CLC Assistant

Samikshaya Basnet, Hostel assistance

Nabaraj Basnet, Driver and Caretaker

Jankuka Aryal, Cooperative assistance

Laxmi Karki, Cooperative Facilitator

Sunita Ghimire, Volunteer Assistant Intern

ORGANIZATION REGISTRATION

NR.

Charity Registration No: 147/062/63

Social Welfare Council Affiliation

No: 20910

PAN No: 302408474

AUDITORS

M.K. & Associates

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ICAN No: 26471 COP No 'B' 2267 120

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ACKNOWLEDGEMENTS

OUR PARTNERS AND NETWORK

NVDA
CCIVS
European ALLIANCE
Forum
NGO Federation of Nepal
Global long, France
Joint Association, France
LOVE- Newzilands
EXIS, Denmark
Joint Global Voluntary, Italy
Service Volontaire International, Belgium
Solidarities Jeunesses, France
SVI- Servicio Voluntario International
CONCORDIA- France
COCAT- Spain
Joint Association
NICE Japan
Tarakeshwor Municipality Office, Ward No.
2 and 3 Offices
Siddhicharan Municipality Office, Ward No.
1, 2 and 3 Offices
Chisankhugadi Rural Municipality Office,
Ward No. 6
Office Kakani Rural Municipality Office,
Ward No. 1 and 2
Offices Kathmandu Metropolitan City
Office, Ward No. 16 Office

OUR DONORS

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Learning English with Laughter, Canada
WeTomorrow, Switzerland
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Active Youth, Lithuania
Inspiring Teachers, UK

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147/062/63

