

# Volunteers Initiative Nepal (VIN) Monthly Newsletter



September 2012

Women's Empowerment

Children's Development

Community Health &  
Environment

Youth Empowerment

## September Accomplishments

- Cooperative board member meeting
- Meeting for children's magazine publication
- Children's club day programs, Children's Rights and H&S orientation
- Continued support for Health Post patient checkup provided
- Awareness campaign on reproductive health and cervical cancer
- Youth Club members trained in project planning and proposal writing
- Okhaldhunga baseline survey report near to completion

## Cooperative Board Member Meeting

A cooperative board meeting was held on 13th September. Items discussed at the meeting included:

- setting up a tour of Gorkha, Pokhara, Palpa, Butol and Chitwan. The cost of the tour is 2000 NPR per person and it will be held over 3 days
- application for biogas - it was determined that once the cooperative is 3 years old it may make this application
- VIN will be providing agro farm demonstrations for the women
- the cooperative will continue to support their seed business
- It was decided to cancel the pickle making training, other non agricultural training opportunities will be investigated.



## Cooperative Status

The Women's Cooperative VIN has helped to set up continues to increase in membership. The microcredit scheme established within the cooperative is also going well – In September the saving capacity of the cooperative was impeded due to the Teej festival. The cooperative was able to disburse 40,200 NPR per month to assist with purchasing Urea Fertilizer and seeds, supporting the local farming enterprises. Total savings for the cooperative in September stands at 836,494 NPR .

## Children's Magazine Publication

A meeting was held on 15<sup>th</sup> September in Kalikasaran school to discuss the publication of the children's magazine. The funding of the publication was agreed, 50% of the funding will be provided by VIN and the remaining costs will be shared among the schools. Several committees were then formed to support publication, editorial needs and financial arrangements. Lastly an action plan was drawn up covering the major steps required; collection of supporting funds, collection of articles, selection of articles for publication, design, editing and magazine launch.



## Children's Club Day programs and H&S Orientation

The United Children's Club (UCC) conducted a program on Children's Day; a poetry competition was held using children's rights as the theme, over 100 children participated. A Tiji program was also held in North Star Boarding School. The children participated in singing, dancing, drama and poetry activities.

VIN conducted Children's Rights awareness sessions at Saraswati, Khadwalkot and Kalikasarn schools. A total of 46 students participated in this program. A similar program was also carried out for orphanage home owners.

Orientation for mothers on health, sanitation and nutrition was also carried out in Early Childhood Development centres, primary and higher secondary schools. A total of 67 parents were involved in these sessions.



## Awareness Campaign on Reproductive Health and Cervical Cancer

This awareness campaign was delivered to the women of the Jitpur community by a health program coordinator and a local health volunteer. The main objective was to disseminate information about reproductive health care and prevention of cervical cancer to the women. 30 women from 5 groups attended. Most of the women were in the age range of 25 – 45. The program discussed symptoms and signs of prolapsed uterus and cervical cancer, the stages of cervical cancer and examination and methods of prevention. The women were also taught pelvic floor exercises so that they will be able to strengthen their pelvic organs.



## Health Post Update

VIN's medical team (medical officer, nursing staff and volunteer/s) has been providing extended medical services to Jitpur community people three days a week. The major objective of this service is to improve quality of health services provided by the existing health post. In September the team were available for 9 days and 449 people were treated.



## Project Planning and Proposal Writing Training

The Buddha Youth Club or Chogaun wish to build a club building in their community. To help to facilitate this plan VIN held a project planning and proposal writing training program. This program was delivered by a VIN International Volunteer from the UK, Zoe Goddard. The program covered topics such as:

- what project do you want to do
- where do you want to do it
- who will benefit from the project
- how will you do it
- how will you know if you've been successful

## Toilet Construction in Dadagaun Status

During September local and international volunteers were able to construct 5 new toilets in Bisnu Ghimire, Badri Ghimire and Koiralagaun. Progress again was a little slower than anticipated due to the weather conditions and lack of new volunteers. Follow up visits were conducted and the local community expressed their gratitude for this valuable work provided by VIN and their volunteers.

## General Updates

Data capture and entry of the 1470 questionnaires from the baseline survey into the Okhaldhunga community is now complete.

Throughout September Mohan, DPC of Okhaldhunga, prepared the report on the baseline survey of Okhaldhunga. This report covers the 13 FGD and the social mapping of the 27 wards of the 3 VDCs.

VIN's component of this report is 90% complete and soon it will be ready for presentation.

## Call for Sponsorship

As you know, there are never enough dollars to make the world go round. VIN has numerous volunteer programs which ultimately provide valuable funds to assist in all of VIN projects that are vital to the local community. Please browse the volunteer options available and encourage your friends, family and colleagues to consider becoming involved with our wonderful local community here in Nepal.

Any help, such as donations or fund raising ideas you can offer would be greatly appreciated.



स्वयंसेवी अभियान नेपाल  
Volunteers Initiative Nepal

Tel: 00977 1 4362560

Fax: 00977 1 4212726

Email: [info@volunteeringnepal.org](mailto:info@volunteeringnepal.org)

Address: P.O. Box No 19877, Balaju  
16, Kathmandu, Nepal

## Volunteer's Corner



Zoe Goddard from UK, having fun with the Buddha Youth Club teaching the ins and outs of project management



Some young members of the Jitpur VDC standing proud in front of their new toilet provided by the volunteers