



स्वयंसेवी अभियान नेपाल  
Volunteers Initiative Nepal



# ANNUAL REPORT

## 2012



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Volunteers Initiative Nepal

# Annual Report 2012

**VIN's mission** is to empower marginalized communities, with a focus on women and children, through enhanced educational programs and community training to promote equality, economic well-being and basic human rights.





# स्वयंसेवी अभियान नेपाल Volunteers Initiative Nepal

## Who are we?

**Volunteers Initiative Nepal (VIN)** is a non-governmental, non-profit organisation which was founded in 2005 by a diverse group of development workers, educationalists, social activists and other specialist professionals.

Unlike many other development NGOs, VIN serves to channel its efforts towards change in the hands of local people. We actively encourage them to volunteer within their communities, providing support and direction with the aim to unite all sectors of society to work together in setting up and running local projects.

VIN's main community-based pilot project is located at Jitpur, a rural community surrounded by woods, hills and fields. It lies 11 kilometres from the capital on the outskirts of the Kathmandu Valley near the beautiful Nagarjuna forest reserve.

There are also projects located closeby to the region. VIN is currently working to expand its scope to a second community-based site, Okhaldhunga, in the north east of Nepal.





# Executive Summary

VIN has been working in the Jitpurphedi community since 2007 with an Integrated Development Approach. The notion that the vicious circle of poverty can never be eliminated until and unless all the existing problems of the community are addressed has been adopted by VIN. VIN assumes that women and children need more support as they are at the verge of development. Therefore, the programs of VIN are targeted towards transferring empowerment tools to the most vulnerable sector of the community, i.e. women and children. Different programs are designed for the upliftment of the community people with a focus on women and children. The major programs are Women Empowerment, Children Development, Youth Empowerment, Community Health and Environment. A five years plan under each of the program areas was conducted. This plan worked as a guide to keep the program on the right track, and to achieve the expected outputs easily.

The objective of the women empowerment program is to empower the women in JitpurPhedi Community and to improve their quality of life by educating them on their rights and life skills via supplying them with economic tools. Likewise, the children development program has the objective of the overall development of children of the Jitpurphedi VDC through increased access of children in improved School/Community based ECD Centers. Similarly, the community health program is headed with the objective to increase people's access to quality health services at the community level, to increase people's access to hygiene and sanitation facilities and to improve the health behavior of the community people (by awareness campaigns and trainings on health, hygiene and sanitation). To meet these objectives, different activities were conducted under each program.

Please read our report below for the detail of each program. Thank you for your interest in VIN's initiatives – Bhupendra Ghimire & Team of VIN.

# Children's Development

The year 2012 has been a breakthrough for children development. The children have been imparted with different knowledge and skills through a Children Camp, Children Clubs (CC), a sponsorship program and various training and awareness programs targeted towards them. The winter children camp was conducted in Jitpurphedi with the spontaneous and enthusiastic participation of children. This is an extracurricular activity which helps in enhancing the creativity of children and helps them to build a proper environment for them to learn from. Similarly, children have been conducting the activities of their CCs effectively and with efficacy. There are altogether 9 CCs which have been supporting the fostering out of the inner talent of children as well as enabling them to raise their voice against any form of discrimination or exploitation amongst them. About 70 children received scholarships from VIN in the year, 2012. With the support of VIN's sponsorship program, these children were able to continue their education.

About 9 Early Childhood Development (ECD) centers are set up in Jitpurphedi with the aim to provide the children of 3 to 5 years with cognitive, emotional, social and physical potential in a friendly environment.

# School Improvement

School Improvement Programs were also conducted in 2012 for creating a cozy learning environment for children. Under this program, various orientation programs for the parents of school children and ECD children were conducted. The school fence construction of Mahadevsthan Primary School was also supported.



# Women's Empowerment

In the year 2012, women received various trainings on life skills and health issues like; emotion, domestic violence, child abuse, self esteem, uterine prolapsed, reproductive health and many more. The women have been running their saving credit co-operative effectively. This co-operative formed more new groups; and has been doing transactions of NRs. 1,645,200 and investing in productive sectors through loans to its members, the access to savings and credits to women have made them more empowered.

# Youth Empowerment

The youths that have been united in Youth Clubs have been conducting various development works in their community. The youths were provided training on project designing and proposal writing, English language classes and many more.

# Health & Sanitation

The Community Health Program (CHP) conducted this year outlined major objectives as- to increase people's access to quality health services at the community level, to increase people's access to hygiene and sanitation facilities and to improve the health behavior of community people (by awareness campaigns and trainings on health, hygiene and sanitation). Under this program, 2800 community people were examined in a health post; various training and awareness sessions on different health issues were conducted; targeting women, children and youths at the school and community level.

The following tables summarize the activities accomplished by VIN throughout the year 2012:

Program Title	Sub Programs	Activity Detail	No. of Activiti es	No. of Beneficiar ies
Women Empowerment Program	Micro – Credit			49 groups involved (339 members)
		Entrepreneurship skills development training		54
		2 <sup>nd</sup> General Assembly	1	175
		Chemical fertilizer/seed sold	5 times	450 bags
	Income Generation Program (Non Agriculture)	Sewing Cutting Training <ul style="list-style-type: none"><li>• Basic</li><li>• Advance</li></ul>		12 10
	Income Generation Program (Agriculture)	Seasonal and Off- Season Vegetable Farming		339
		Basic Livestock Management Training	1	36
	Basic Literacy Class	For women of 14-45 age	1 center	12
	Life Skill Training	Communication	8	94
		Stress Management	2	14
		Self Esteem	1	12
		Time Management	3	31
		Decision Making	1	7
		Domestic Violence	8	113
		Child Abuse	1	14
		Emotion	2	23
		Waste Management	1	11
		Creative thinking	6	83
		Women Right	2	34

Program Title	Sub Programs	Activity Detail	No. of Activiti es	No. of Beneficiar ies
Children Development Program	Children Clubs (Trainings on)	CC Reformation and Refreshment		120 (direct) 1000(indirect)
		Report Writing		120
		Child right and Responsibilities		471
		Creative Art		500
		CC Facilitator Teachers		5
	Sponsorship Program	Sponsored child Profile Updating		123
		Communication Program for Scholarship		70
		Sponsor Material distribution		70
		English Language class for Sponsored Children		32
		Art training to Sponsored Children		40
	Publication	Creative Souvenir published		1200
	Children Camp	Winter Children Camp		153
		Awareness Program on Child Rights to the Guardians		100



Program Title	Sub Programs	Activity Detail	No. of Activities	No. of Beneficiaries
Youth Development Program		Youth Clubs Formation		
	Trainings on	Project Planning and Proposal writing		12
		Human Rights, Peace and Development		10
		English Language Class on Youth Club		60

Program Title	Sub Programs	Activity Detail	No. of Activities	No. of Beneficiaries
School Improvement Program	Early Childhood Development	ECD Teacher’s Meeting		9
		Teachers/Parents Meeting of ECD Children	11	147
	Campaign on	School Attendance		100 HHs
		Need Assessment of Teachers’ Training		
	Construction	School Fence (Mahadevsthan School)	1	
	Early Childhood Development	ECD Teacher’s Meeting		9

Program Title	Sub Programs	Activity Detail	No. of Activities	No. of Beneficiaries
Community Health Program	School Health Program	Health Camps	12	562
		Awareness session on Hygiene and Sanitation	In all schools	652
		Health Talks	In all schools	800
	Awareness Raising and Health Camp at Monastery			56
	Community Awareness Program	Awareness campaign on reproductive health care and breast cancer among women	5	125
		Specialized mobile clinic on Gynecology		46
		Conducted campaign on waste management and water purification with women		
		Training on first aid to local female health volunteers		9
		Managed public bin at Dadagaun		
		Toilet Construction	30	165 members
	Health Clinic Program	Checked patients at Health Post	114 days	2800

# Women's Empowerment Microcredit



**Empowerment  
through access to  
financial services**



# Micro Credit

Microfinance is considered to be a key poverty alleviation strategy to enable poor women to cope with adverse economic impacts. To facilitate this VIN designed a program to unite women into community groups, thus form saving and credit co-operatives. By providing the women with greater access to savings and credit, enables them to have a stronger position in economic decision making.

The women take loans from the cooperative to invest in income generating activities including vegetable farming, cattle raising, poultry farms, running retail shops and selling chemical fertilizers and seed.

The Jitpurphedi women's cooperative has 339 members, all of which are share holders in the cooperative. In this financial year

- The cooperative collected 190,900 NRS from shares
- The total saving by the group was 982,190 NRS
- Total load distributed to the members was 1,645,200 NRS of which 688,307 NRS has already been repaid

The micro credit program has strengthened the women's say in economic decisions within their households. This leads to the women feeling more empowered and motivated towards saving and investment.

*"After taking a loan, I bought a cow and made income from it. It has been very helpful for me. It made my life easier."*  
Lalita Nepal (a cooperative member)



Micro credit program; Cooperative General Assembly Tinpipla

# Income Generation

Throughout the year VIN has provided training on various methods of income generation to the women of the Jitpurhedi community, focusing on two aspects:

- **Non Agricultural Ventures**
- **Agricultural Initiatives**

## Non Agricultural Ventures

In coordination with small and cottage industries VIN arranged for sewing and cutting training for 22 women, 5 of these women have since gone on to start up tailoring ventures. The women expressed their gratitude to VIN for providing them with this opportunity. Once equipped with these skills, the door for income generation was opened for them.



Income generation; sewing cutting training for women



# Income Generation

## Agricultural Initiatives

### Vegetable Farming

Agriculture is considered to be the mainstay for the Jitpurphedi community. Cultivation of food grains is carried out on a subsistence basis, however the yield from vegetable farming was found to be very low.

The major commercial crop in this area is broad leaf mustard. The farmers found they were not getting the yield they anticipated due to a high instance of club root disease, cercospora leaf spot and white rust. The farmers requested training on broad leaf mustard cultivation and disease and pest management.

VIN intervened by providing a vegetable cultivation program focusing on commercial production in order to increase the income for the community. Commercial seasonal and off-season vegetable farming training was provided to 49 women's groups. 339 members benefited from this training.



Income generation;vegetable farming



# Income Generation

## Agricultural Initiatives



Income generation; women entrepreneur

### Agro Farm

Since 2010 VIN has developed several model agro farm initiatives. The objectives of these model farms are:

- Prepare a model agro farm to demonstrate to the women the benefits of off-season high value vegetable crops and develop entrepreneurship.
- Develop a model agro farm as an agro-training centre, providing practical training to women's groups
- Produce sales from the agro farms is used to raise a percentage of the funds to run VIN.

### Basic Livestock Management Training

A study of the livestock management in the community found that skills and knowledge were very basic, no veterinary practices were used and treatment was provided through witch doctors. Given these findings VIN decided it would be beneficial to provide training mainly concentrating on basic livestock management including topics such as:

- Breeds (cattle & buffalo)
- Shed Management
- Feeding Management
- Breeding Management
- Animal Health Management

The major objective of this training was to provide technical knowledge and skills opportunities for smallholder livestock farmers, in order to allow them to adopt improved, modern and environmentally friendly livestock farming practices. 107 women from 3 different areas in the community benefited from this training.



Income generation; filling plastic bags for off season seeding

# Literacy and Life Skills

VIN has been conducting literacy and life skills training, with the help of international volunteers, to the women of the Jitpurphedi community. The overall objective is to make literate 95% of the participating women.

In 2012 the following training was successfully delivered:

- Literacy Class – 12 women
- Communication – 94 women
- Stress Management – 14 women
- Self Esteem – 12 women
- Time Management – 31 women
- Decision Making 7 women
- Domestic Violence – 113 women
- Child Abuse – 14 women
- Managing Emotions – 23 women
- Waste Management – 11 women
- Uterian Prolapsed – 15 women
- Creative Thinking – 83 women
- Women's Rights – 34 women

*"After committed in group, my mother-in-law's behaviour is very different. Now she shows politeness and lovely behaviour in daily life" Sabita Lamichhane*



Life skill training; stress management training in chogaun with international volunteer



Life skill class; Communication training at Khadawokot





Women Empowerment;Business creation and management training-May



Womens Annual Review Meeting\_Tinpile



# Children's Development



**It takes a whole village to raise a child. VIN's mission through the Children's Development program is to empower the village – the parents, teachers and schools – to enable the children to receive an education, explore creative outlets, and develop as a whole for better quality education.**

# Children's Development

As part of this program, VIN has focused on three different initiatives:

- (1) Early Childhood Development Center / Montessori Training for ECD teachers
- (2) Children's Clubs – enabling creative outlets and installing social awareness
- (3) Child Sponsorship - enabling education through sponsorship for disadvantaged children.
- (4) Children's Winter Camp – utilising children's idle time during the winter school vacation better

## Early Childhood Development Center / Montessori Training for ECD teachers

VIN has been supporting Early childhood development centres through training to teachers, incentives to ECD teachers. In this regard, Montessori training to the ECD teachers was conducted as follows;

**Duration:** 7 days (from 11<sup>st</sup> to 18<sup>h</sup> October 2012)

**Venues:** Volunteers initiative Nepal, Balaju

**Trainier:** Dolma Lama and Rita Silwal

**No. of Participants:** 24 (Among these participants 19 from schools, one is volunteer and three are VIN staffs)

VIN had organized a Montessori training on 11 October in Volunteers Initiative Nepal office Balaju Kathmandu. It was conducted for all ECD teachers of the school of Jitpurphedi VDC.

# Early Childhood Development Center / Montessori Training for ECD teachers

**Content of the training was as follows:**

## 1<sup>ST</sup> day

- Welcome and introduction,
- What is Montessori?
- Why is Montessori needed in every school?
- Why is body language needed?
  - Sound
  - Colors Rhyme
  - How to teach letters and alphabets?
  - Warm –up
  - End by game of body moving?

## 2<sup>nd</sup> Day

- Revision of first day
- Language and alphabets.
  - Sound of Alphabet
  - Pre writing : inset design, sandpaper letter
  - Pre-reading: three letter word with picture and object, sight words, word list, Booklet, Phrase stripes, sentence stripes, pyramids story, story book
  - Silence exercise and alphabet practice
  - Mathematics and drawing of shapes.

## 3<sup>rd</sup> Day

- Rhymes, games, creating different things from Napkin.
- Practical life experience (PLE)
  - Spooning beans
  - Pouring exercises
  - Pegging
  - Folding and unfolding Napkins
  - Sewing Exercises
  - Core of self
  - Planting
  - Washing hands
  - Social grace and courtesy
  - Silence games
  - Walking on the lines
  - Rolling and unrolling mats
  - Sweeping with brooms
  - Handling of books
  - Cleaning and carrying of tables
  - Blowing nose
  - Tearing papers and handling scissors
  - Crushing



# Early Childhood Development Center / Montessori Training for ECD teachers

## 4<sup>th</sup> day

- Rhyme and Content culture and about animals.
- Animal Family
- Collection of model animals
- Large picture animals
- Identifying animals

## 5<sup>th</sup> day

- Rhymes and games, how to make garland from kite paper.
- How to make garland from kite paper, owl with paper plate,
- Terminology
- First place picture
- Put picture with tag
- Maths: sand paper, cards with counter, place value, number game

## 6<sup>th</sup> day

- Rhymes and we learnt about greeting with different colors and senses.
- Sense of sight
- Sense of touch
- Sense of hearing
- Sense of smell
- Sense of taste

## 7<sup>th</sup> day

- Exchange of greeting special occasion on Dashain and Tihar and Chhad parba. Prepare Aquarium of paper.

The Montessori training is very useful for teachers. As perceived by the school teachers the training was applicable for building new way of teaching method especially three years to five years children. This training gave ideas about the exploration and appreciation of children's knowledge, ideas and interest. In my observation trainers conducted well class both practically and theoretically.

# Children's Clubs

VIN conducts various programs to assist in ensuring the children of the community have a rounded development. One of these programs is school based children's clubs (CC) which have been formed in each of the 8 schools in Jitpurphedi and one united CC that brings all of the children's clubs together.

These children's clubs organise a selection of activities such as: debates, poetry, village and school cleaning campaign, fund raising etc. Children's club is also a platform for the children to discuss and resolve problems.



United children club meeting

## Report Writing

Report writing training was conducted in all 8 school based children's clubs along with the united CC. 120 children benefited from this training, learning to document all activities of their club and preparing a report on this.

"We used to conduct various training in schools through our CC but we had no idea about keeping records for them. The training by VIN has been very useful to us.

Such training should be held every year" Sandip Phuyal, Joint Secretary, Jitpurphedi United Children's Club.



# Children's Clubs

## Children's Rights & Responsibilities

This program aims to sensitise children to their rights and responsibilities. 471 Children between the ages of 6 and 16 participated in this program where they learned about child rights, its history and the provision of child rights in Nepali Law. These children have been equipped with the concept and knowledge of their rights and can advocate it and mentor others in these rights.

*"The training of Child Rights provided by VIN from time to time has been very useful. Before, we could not listen about child rights but now these things are included in their creativity like poetry competition and debate programs. This can be taken as positive"* Hari Prasad Aryal, CC Facilitator teacher, Khadwalkot.



Children's Club doing Cleanner Awareness Program

*"Before we used to make pictures but we could not make realistic pictures, after this training we learnt the methods, rules and process so it has been helpful for us to bring forward out talent"* Sushma Bhusal, President of CC, Nagarjun Higher Secondary School.

## Creative Art Training

This training was conducted in 8 schools by an international volunteer. The objective of the training was to enhance the children's creative skills assisting in publishing newsletters, creating postcards used to raise funds for the children's club. 500 children were able to participate in this training. Differing styles of training were used for different age groups.

# Children's Clubs

*"This program made us more responsible for clubs and these kinds of training must be organised from time to time" Hari Prasad Aryal, President CC Facilitator teacher, Khadwalkot.*

## Children's Club Facilitation Training

To sustain the function of the children's club, training is provided to the facilitator teachers. 5 teachers were trained in the CC concept and rationale, ways of formation and reformation, conducting meetings, writing minutes, magazine publication, communication skills, resource mapping, fund raising, account keeping etc.

## Children's Club Evaluation and Support

VIN carried out an evaluation of all 9 children's clubs. All CCs were found to be operating well. Reformation of the children's club, management training, meetings, creative activities and annual plan formation were the major activities carried out in each CC. Around 1200 children benefited from this program.

*"Children's clubs have been working well; the children have been regularly fostering their talent, earning new things and teaching them to other children in the community. Our sincere thanks go to VIN for coordinating and supporting these clubs" Hari Krishna Aryal, Gopal Gajurel, Radha Krishna Aryal, Kamal Lamsal - Head teachers of Jitpurphedi.*

# Children's Clubs

## Children's Club Souvenir Publication

The children's yearly magazine "Creative Souvenir" was published and launched on November 12. Twelve hundred copies of the magazine were published. The magazine contains articles written by the children, teachers and some other scholars. This magazine helps to encourage the children and teachers to share their creative works.



Children's Club cultural program



# Child Sponsorship

VIN has been providing sponsorship to children since 2007. VIN believes that no child should be deprived of an education just because they fall below the poverty line. In 2012, 70 children received education support from VIN. Access to education for all children is the prime concern of this program.

## **Sponsored Child Profile and Scholarship Communication Program**

VIN has created a profile for each sponsored child so that sponsors can retrieve detailed information on the child they have sponsored. This year the profiles of 123 children, including their person and family information, have been updated and added to the website. For the 70 children benefiting from a scholarship, VIN sent periodic communication packs to their sponsors.



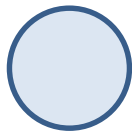
Sponsored children



# Child Sponsorship



*“VIN has been doing a great job by giving educational support to the children like ours as we are suffering from hand to mouth problem due to severe poverty” guardian of one of the sponsored children.*



## **Sponsor Material Distribution**


As a part of the sponsor program education materials are provided to the sponsored children including copy books, school uniform, bag etc. Of the 70 children receiving a scholarship, 25 were from orphanages and 45 from the community.

# Child Sponsorship



## English Language Class and Art Training for Sponsored Children

International volunteers provided English language classes to the sponsored children to improve their communication capabilities, helping them to communicate with their sponsors. 32 children from 7 different schools participated in this program. Through art training the children learnt to make art of popular temples, flowers and fruits. The main objective being to make the children capable of creating quality papers/documents needed for intake and to help them develop entrepreneurship.



*"After being participated in this program, we are now able to send greeting cards on festival like Christmas, New Year to our sponsors, which was important for us. We learnt basic knowledge about art." Kulena Lama (Art training participant).*



# Children's Winter Camp

VIN decided to conduct a winter camp during the winter school vacation in order to better utilise the children's idle time. Children aged 8 – 12 were targeted for this program. 153 children participated in the winter camp that was conducted in 2 schools. The program included activities such as singing, physical exercise, drawing, painting and dancing. Health and hygiene was another important aspect of the club, where children learnt the importance of teeth brushing and hand washing.



Children Winter Camp

*"Our children spent time of vacation idle, but by utilising their leisure time, this program has taught them many creative things that are never taught at schools, which is appreciated" Gita Aryal (guardian of children involved in the children's camp).*

# Children's Winter Camp



Activities in children camp



Children in camp



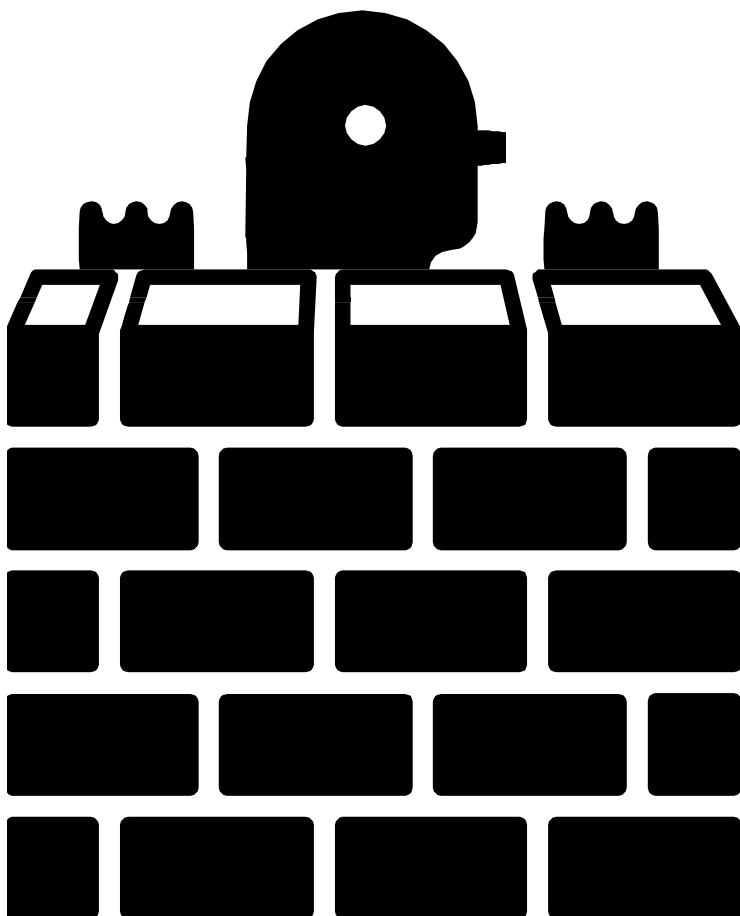
Children camp dadagau



# School improvement Program

## School wall construction of Mahadev Primary school

Under school improvement program, VIN constructed school wall in Mahadevsthan primary school of Jitpurphedi VDC. The total expenses was of Rs. 268834. Necessary fund was generated from different sources. The construction expenses are shared by 3 organizations (VIN: 1,47,424, VDC: 75,000 and school/community: 46,410). Community people helped for donating Rs. 46410. The School teacher helped to follow up daily work. Management committee helped to raise fund in initial time. We faced some problems during fund raising. The estimated length was changed. Gavin fill up work was added. Gate making work was also added. These problems were solved by a meeting with management and working committee.





# Youth Development

VIN's Youth Development program aims to empower local youths in the Jitpur community by educating them on their rights and life skills, creating career development opportunities and stimulating community volunteering. VIN has implemented various trainings and initiatives by setting up a Youth Club in the community, and providing continuous support of their activities. Some of the youth activities and accomplishments over the past year are highlighted here.



# Youth Clubs

Through VIN, the youth of Jitpurhedi have been mobilised into setting up Youth Clubs. These youth clubs participate in many programs to transfer different skills and knowledge for their development. The clubs also organise the youth to conduct development programs in their community. Enhancing the capabilities of the youth can assist in the nation's growth in productivity.



English language class with youth group in laamichhanegaun

## English Language Class in Youth Clubs

A VIN international volunteer provided English language training to 60 members of the Jitpurphedi youth clubs. This enabled the youths to communicate in English in written and verbal form.



## Human Rights, Peace and Development Training in Youth Clubs

Human rights, peace and development training was provided by VIN to 10 members of the youth club. The training was conducted in a discussion/participation forum, discussing the concept of human rights and their responsibility towards the nation. The training on peace and development helped to build positive thinking within the group.



Proposal and project planning training to choogaun youth club

## Project Planning and Proposal Writing training in Youth Clubs

Chogaun Youth Club wished to construct a building for the operation of their activities. VIN provided training in project planning and proposal writing to help facilitate the planning of this project and the submissions of proposals for funds. 12 members of the youth club participated in this training.



# SCHOOL IMPROVEMENT PROGRAM

Throughout the year VIN has been undertaking various programs to make a friendly learning environment for the children. These programs include a review of the Early Childhood Development (ECD) program, school wall construction and a campaign on school attendance.

## Campaign for admission and regular school attendance

VIN conducted a door to door campaign to raise the awareness of the importance of a school education. Around 100 households were visited and approximately 150 children were made aware of the importance of attending school on a regular basis. As a result of this campaign 60 parents made a commitment to send their children to school and 10 children were reported to now have regular attendance once they were made aware.



ECD class

## Early Childhood Development Program

Montessori training was provided by VIN to 22 ECD teachers. The training was provided in VIN office by hiring two trainers. A meeting was held with the ECD teachers in Jitpur. The main objectives of this meeting were to revise the curriculum, share ideas and find resolution to problems. The meeting also discussed the condition of the children, their participation and learning, the role and support of parents and head teachers. 194 children enrolled in the ECD program benefited from this meeting.

## Meetings with Teachers and Parents

VIN held an ECD orientation program to demonstrate to the parents the importance of health, sanitation and nutrition for their children. The focus of this training was to discuss ways to master child growth and increased learning capacity among children who are 3 – 5 years old. 147 parents participated in this program.



ECD parents orientation in chogaun school May 2012

ECD; montessory training to ECD teachers



## School Wall Construction of Mahadevsthan Primary School

Throughout July and August several meetings were held to form a plan to construct a chicken wire fence around the Mahadevsthan Primary School compound. The necessary funds for this project were generated from different sources; aid from VIN, community donations of funds. International volunteers, local volunteers and community people were involved in this construction.

# Community Health

**VIN's Community Health Program in Jitpur aims to sustainably and significantly improve the basic health conditions of the residents by improving access to health services, hygiene facilities and awareness of health and hygiene issues.**

Community Health is a major concern for VIN. The goal of this program is to improve the basic health of the Jitpur community focusing on:

- Determining common health problems and risk factors among the community
- Control of communicable and non communicable diseases
- Increase community access to quality health services
- Improve hygiene and sanitation facilities in the community
- Improve health and hygiene practices
- Provide basic health and first aid training



# School Health Program

## Health Camps

VIN conducted health camps at a number of schools and ECD centres in the Jitpur community. 562 children and local community people were treated at 12 health camps throughout the year. The main objectives of these camps were to:

- Check the general health of the children
- Screen the oral hygiene of the children
- De-worming of the children
- Raise the children's awareness on hygiene and sanitation



Health camp



Awareness camp women Pachmane

## Hygiene and Sanitation Awareness Sessions

VIN provided hygiene and sanitation awareness session among primary school children throughout the year. Practical demonstrations of teeth brushing and hand washing were carried out and instruction on the harmful effects of not following these practices was given. 652 students benefited from this program.

## School Health Talks

Health talks, facilitated by international volunteers, were conducted in all schools. Around 400 students were presented with a talk on mental health, 800 were presented with water purification techniques and 750 were presented with a talk on communicable diseases, hygiene and sanitation.

## Health Clinic Program

VIN's medical team (medical officer, nursing staff and volunteer/s) has been providing extended medical services to Jitpur community people three days a week. The major objective of this service is to improve quality of health services provided by the existing health post. Throughout this year services were provided at the clinics on 114 days and 2800 patients were examined.

*"Monks are not maintaining hygiene. I have ever seen monks brushing teeth twice a day after a meal. There is no soap in washroom to wash hands. There is not enough supply of water in the monastery and monks are not having a bath regularly. VIN has done a good job. I hope it will bring a change in monk's hygiene behaviour. VIN should continue in future. It should be extended to other monasteries too." Danielle, an international volunteer.*



Doctor busy in health clinic

## Monastery Awareness Campaign and Health Camp

VIN has a popular volunteer program of teaching English in a monastery. Through this program volunteers were able to provide a one day awareness campaign on hygiene and sanitation and a health camp. The major health problems found among the monks included wounds on different parts of the body, fungal infection of the scalp, skin infections and sprains. All of the monks were treated according to their health problems.



Monks in hygiene campaign

# Community Awareness Program

## Awareness Program on Breast Cancer and Women's Reproductive Health

An international health volunteer, who specialises in gynaecology and obstetrics, was able to conduct an awareness campaign on breast cancer and women's reproductive health. The main objectives of this campaign were to:

- Provide awareness on reproductive health, uterine prolapsed and breast cancer to women
- Demonstrate self breast examination techniques
- Disseminate information on a better way to prevent uterine prolapsed and breast cancer

5 campaigns were carried out visiting different women's groups in the community and 125 women benefited from this campaign. The women were also taught pelvic floor exercises to strengthen the pelvic organs.

*"Discussion on uterine prolapsed and breast cancer facilitated by VIN was really useful. I learnt pelvic floor exercise and breast examination technique. I will use these skills in my daily life." Goma Devkota from Dadagaun.*



Volunteer with community women in health awareness campaign



# Community Awareness Program

## Specialised Mobile Clinic on Gynaecology

A specialised mobile clinic on gynaecology was set up to determine the common gynaecological problems within the community and to provide treatment. The clinic was conducted by VIN's doctor with the assistance of the international health volunteer. 46 women were examined in this clinic and 27 were found to be suffering with problems. The main problems found were Pelvic Inflammatory Disease (PID), Dysmenorrhea (painful periods), Rectocele/Cystocele/Uterine Prolapsed, Vaginitis, Breast lumps and Menorrhagia (mass on breast), Metrorrhagia (heavy periods), Stress Incontinence, Secondary Amenorrhea (missing period), UTI. Each were treated either with prescription medicine, exercise or were referred to the hospital.

*"I was living with prolapsed uterus for a long time. It was difficult life for me. Now I got the ring and I can move and work. I think I got new life. Thank you to doctors and VIN."*  
Kanchi Aryal, Pachmane.



Health volunteer in mobile camp

# Community Awareness Program

## Waste Management and Water Purification Campaign

An awareness program on the importance of waste management and water purification was conducted by VIN to 76 women in the community. This campaign covered techniques for waste segregation and disposal and instruction on water purification methods. From the session the women learned the lots of diseases can be prevented by using proper waste management and water purification. The women were encouraged to use these techniques in their daily life.



First Aid training FCHVs

## First Aid Training for Local Female Health Volunteers (FHV)

The main objective of this program is to empower local FHV's to have the capability to manage injuries and illness during normal daily life and during disasters. Building a group of local FHV's establishes a first aid service in the Jitpur community.

*"VIN is doing good job in Jitpur. It has done a lot of development works and empowered women. This training is also useful for us. It has updated our knowledge about first aid and we get opportunity to practice CPR on a dummy. I hope we can do this in the community." Indra Aryal, local FHV.*



# Community Awareness Program

## Managed Public Bin in Dadagaun

VIN aims to establish a clean environment in Jitpur. As part of this environmental program VIN installed public bins to manage the garbage generated by the community. Large drums were installed in public positions; each drum is to support 5-6 households. Initially behavior changed, rubbish was being deposited in the drums and the environment became cleaner. Later, however, it was found that people stopped using the bins as no one was emptying them, also the bins tended to fill with water when it rained. To manage the rainwater problem holes were drilled into the base of the drums for drainage. The community has been instructed to keep up their efforts to use the bins and keep the environment clean and have been warned that if they fail to do so the bins will be removed.

## Toilet Construction Project

VIN aims to establish a stool free environment in Jitpur by ensuring every household has access to a toilet. 30 toilets were constructed in 2012 bring the total of toilets constructed thus far to 117.



Toilet construction work with international volunteer in chogaun



Toilet construction program

*"Before the construction of the toilets, we used to excrete in the nearby river. But after the construction, our environment is much cleaner and it is much easier to live in the village." Astha Shahi-Lamichhane.*



# Community Awareness Program



Campaign at Global handwashing day



Medical team in school health camp



Volunteers building toilets for poor people

# Program in okhaldhunga

In order to extend the program catchment to other needed VDCs, VIN carried out a feasibility study in 2011 to identify whether it is an appropriate community to intervene VIN's programs. In this context, a feasibility visit of the VIN's staff team of 7 members including 1 international volunteer identified that illiteracy, unemployment, lack of health facilities are the major challenges in okhaldhunga. On the basis of this finding, VIN conducted baseline survey in three VDCs of Okhaldhunga (Taluwa, Thulachap and Bhadaure) to identify the major challenges facing by local people.

These VDCs are comparatively back warded among the other VDCs of Okhaldhunga district. Baseline survey team was formed of 27 local volunteers (one person from each ward of 3 VDCs) and VIN staffs. Total 24 local volunteers were classified in to six groups (each group = 4 person) for the community study and rest of 3 local volunteers were responsible to study all the schools located within three VDCs and schools profile in detail.

The local volunteers conducted an in-depth baseline survey in total hhs of Taluwa, bhadaure and thulachhap VDCs, ie., 446 hhs 562 hhs and 724 hhs respectively. The need to develop these VDCs through education, training and other interventions was identified. VIN will design and implement program accordingly from the beginning of 2013.



# Volunteers

The rationale of VINs volunteering program can be summed up as:

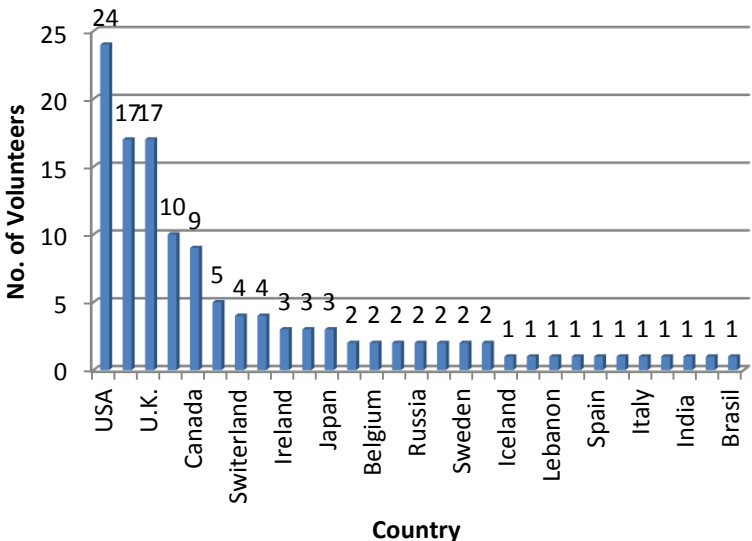
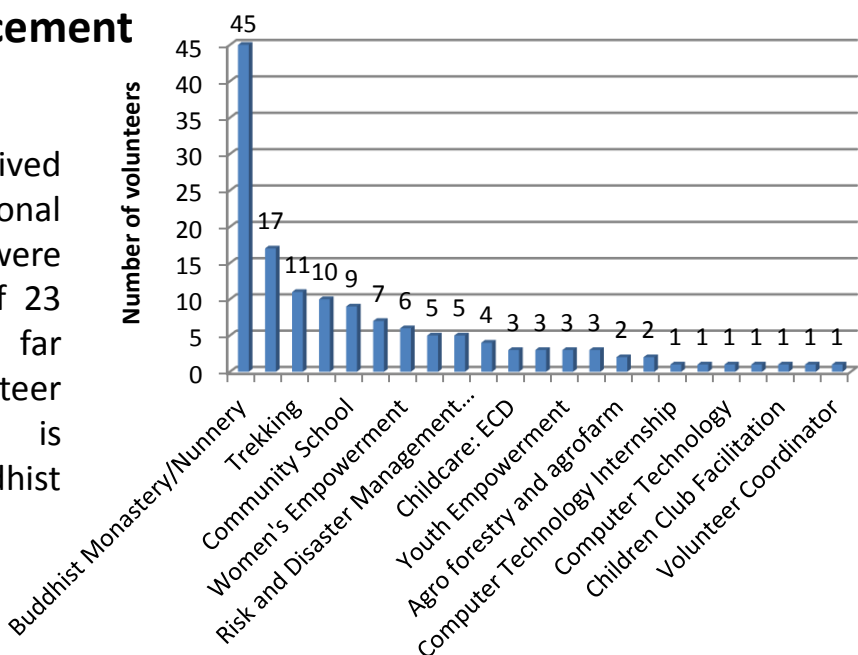
- To make a sustainable difference in the most marginalised communities.
- Volunteers take part in structured programs where the volunteer has the opportunity to contribute, together with VINs onsite team, to achieving a lasting difference for the target community's shared vision.
- Overseas volunteers will form a part of an already existing local network of volunteers and have the opportunity to fully immerse themselves in the Nepali culture.
- Through VIN's focus on improving our education systems, volunteers have a unique opportunity to contribute to planning, organising and shaping the programs, thereby contributing in a meaningful and rewarding manner.
- To most effectively support volunteer and the local projects we work with, VIN is part of the community, working in partnership with grassroots organisations. We take our work very seriously. We are committed to excellence in everything we do. After all, this is what every volunteer and each local community we work with deserves.





## Volunteers per placement type

During 2012 VIN received 124 international volunteers. These were placed over a range of 23 different programs. By far the most popular volunteer program with VIN is teaching at a Buddhist Monastery

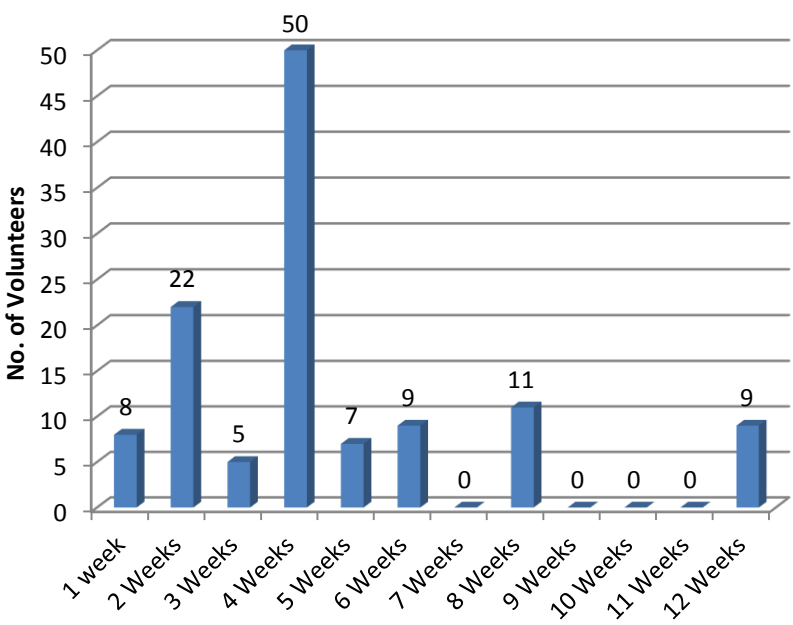


## Volunteer Nationalities

VINs volunteers come from any varied countries, this year the largest number of volunteers came from the USA.

## Volunteer Duration

The majority of volunteers prefer to stay for 4 weeks.



# Child Care: Orphanage

VIN has been working with four orphanages i.e. Peace Buddha Child Care Society, Light for Nepal Children Home, Innovative Social Centre and Lotus Children Home. VIN only aim is to develop the children living standard in orphanage from every aspect. Placement of Volunteer in the orphanage would help the children to develop their knowledge, make them hygienically independent and most importantly make some small field trips to bring big smiles on their faces.

There were 17 volunteers in this program in 2012. Comparing the statistical of last year, this year the number has increased by 11. Volunteers have also helped some children in long term basis like sponsoring a child whereas some have devoted their time and made their time with the children worthwhile and memorable. Their presence has made children of orphanage happy as well as knowledgably prosperous.

Many volunteers faced language as a problem because practically it avoids the listener to understand what the speaker truly wants to express. Not only in orphanage program but international volunteers face this problem in every program. We have conducted different language classes every Friday if any volunteer wants to learn any useful phrases they think is important. This might help the volunteer express what they want to say

*"I have so many great memories of my time in Nepal and I will never forget the children at LFN children's home. Seeing their happy and excited faces everyday was such a heart-warming experience."- Louise Murphy*

# Base Camp Charity Trek

Base Camp Charity Trek is one of the rewarding programs listed on the list. The trekking is the life time experience here in Nepal. As shared by Volunteers, they start with lots of excitement and a little nervousness and ends with a lot of life changing experience. VIN has been raising money from the Trek. The raised money will help VIN to reach its aim to construct an orphan home, 'Nepal Children Home', which aims to accommodate 50 + orphan and abandoned children.

Looking at the statistical, there were 11 volunteers in 2012. When compared with the year 2011, the number has increased.





# Community Programs

VIN has been working with a marginalized community for last five years in different sectors. VIN has also developed programs for volunteers according to need of the community. Since VIN is focusing on empowering the marginalized group, works and programs for Jitpur Community are designed to fill the gaps of necessity and make the lives prosperous.



## Community Health

Basically, improvements on health issue are one of the pivot works to start the steps for development in Nepal. The people in urban areas may be aware of health and hygiene but the people in rural areas really need some formal education regarding this. Since VIN is empowering the marginalized community, change in this sector is the primary need in the community to grow.

Programs related to Community Health have both volunteering as well as internship. There were 10 Volunteers and 2 interns in the past year 2012. Comparing the numbers of Community Health Volunteer of 2012 to 2011, only two volunteer increased in 2012.



Volunteers involved in this program works both in health camps as well as community to aware the people of community. Volunteer's contributions in this field are likely to be very important for the development of community.





# Community Programs

## Community Health continued

### Volunteers activities so far:

#### **1. at the health Post**

- Assisting Doctor/ Keeping record
- Patient Examination
- Basic Surgery and wound Surgery

#### **2. in Community**

- Aware the people about Infectious diseases through presentations
- Research on Health Problems which community people may be unknown of
- Educate the community people on health and hygiene, daily activities that impact their health
- Health Talks about cervical and uterine collapse to women group

#### **3. Other related places:**

- Knowing the level of the hygiene through survey, visits in school, women groups, and houses.
  - Visiting Schools and talking about basic hygiene with children like washing hand, Brushing teeth, using handkerchief while sneezing etc.
  - Educate people about Waste management and water Purification.
- of Community Health Volunteer of 2012 to 2011, only two volunteer increased in 2012.



# Community Programs

## Children's Camp

Volunteers in assisting children to foster their talent through CC in the year 2012 were seven. There were fewer volunteers in this program compare to other programs like Buddhist monastery or Child care: Orphanage but they were very effective in this program. Volunteers helped in developing the art skills of children and were very productive for both the volunteers and the community.

*"I offered VIN my subject, with I teach in an Austrian highschool, and they liked it. It was a great experience to teach in 5 secondary an 3 primary schools in art, basics of drawing and some creative exercises."- Marlies Haas*

## Women's Empowerment

VIN believes that Women and children are the marginalized group of any community so empowering these groups would bring a positive change in the community. VIN believes that this program would uplift this group and make them confidence enough to go through any situations. Volunteers from different country came to contribute and help in this program. Volunteers in 2012 for Women Empowerment program were 6 in numbers. When we compare to 2012 and 2011, the number of volunteers are same in both the year. Challenges faced by Volunteers are language problem. All of the working women in the community do not know English language. As a result, the volunteers cannot communicate well which creates understanding problem.





# Community Programs

## Construction and Manual work

Majority homes in rural community do not have proper sanitation facilities which lead them to poor health status. VIN designed this program for the betterment of the health status of the community people. This program can be taken as the part of community health because their objective matches.

Volunteer in this program in 2012 were 5 in number. Comparing the year 2012 and 2011, number of the volunteer are equal i.e. 5. All the volunteers who have been placed in this field are seemed to be happy because they can see a quick result. Their works were productive and they feel very rewarding.

*"Volunteering in toilet construction maybe a hard work, but the smiling faces and the warm 'Namaste' I received each time I arrive in the village is such a reward and a source of motivation. I had really a good time working by team with the men of the families, laughing with women and joking and playing with children."-Pail Bedard, Canada*





# Community Programs

## Risk and Disaster management: Internship

VIN aims to empower the marginalized community and also educate and aware the people to know about new and pivot topics so that they can be updated. Risk and Disaster management is a very new topic for community as well as a new program for VIN which happened this year. There were 5 interns from Denmark in this program who worked in the community to educate the community people about the risk in their day to day life and also the management of disasters. They focused on prevention measures as well as aftermath solutions.

The contribution of Volunteers/Interns in this field is proper and primary because they educated the people about new term.



## Agro Farm

VIN's environment and agro forestry volunteer program is one that revolves around giving awareness to the local people on the condition of the environment, or placing volunteers into an agro forestry project set up by a German organization called "Kaule-ev" based in Kaule. VIN believes that the current state of the environment directly impacts one's way of life and general well-being. Therefore, the current environment's well-being is the people's well-being.

Volunteer in this program in this year were 4 in number. Though the numbers of volunteers were less but they found some work that should be corrected like when the farmer uses the chemical fertilizers they should use proper gloves, mask and use scissors to cut the plastics containing the chemical.



# Community Programs

## Child Club: ECD

V IN's Early Childhood Development (ECD) centers are set up in rural communities for children of 3 to 5 years of age. These centers work to surround children who belong to marginalized communities, with a friendly learning environment. You as a volunteer may offer your care and support for these children by having VIN place you in one of these ECDs.

There were three volunteers working for ECD centres in year 2012. They worked with the ECD teachers and worked on creating activities that encourage the development of their motor, social, and kinesthetic skills, assisting teachers educate them on various issues such as basic hygiene and maybe even independently teaching the children, giving the local teachers a chance to observe the way you interact with the kids and possibly helping them learn from that. Being a volunteer at an ECD is a hands-on experience that is sure to be rewarding.







# Community Programs

## Youth Empowerment

V IN's youth empowerment volunteer program looks to inspire and make proactive the youth of Nepal by integrating them into children's or women's empowerment causes, as well as teaching them life skills. Empowering youth is an important work in marginalized communities. It's a program designed to help youth to work on their community in long term basis.

There were three volunteer in this program in 2012. Volunteer gives training regarding effective communication, teaching English, sets up workshop that gives the youth valuable vocational skills such as CV writing and sessions on problem-solving.

*"I volunteered with VIN for 2 weeks to support the youth empowerment project and it was a fantastic experience. The young people were very friendly and keen to learn and we had great fun together."- Zoe Goddard, UK*

# Other Programs

## Deaf Education

VIN's Working with Deaf and Disabled people volunteer program aims to give the disabled people of Nepal a better shot at quality education. For too long now Nepal's educational system has neglected the special needs of these kind of people who end up dropping out of school due to the lack of attention that has been given to them. VIN aims to provide deaf schools with volunteers, who may be a part of the advancing literacy program that is being established.

In 2012, there were 3 volunteers in total working for this program. Volunteer's works in the Deaf school, teaching English, and it's an advantage if any volunteer know the sign language

*"During my time here with VIN I have learned much; not only on a professional level, but also about myself as a person. I have a newfound love for deaf education and the deaf community and I have VIN to thank for that."- Jonathan Santiago, USA*



# Other Programs

## Journalism Internship:

In 2012, there were 2 volunteers working on this program. VIN gives you this opportunity as a career break.

## Water Research:

VIN's environment water project volunteer program is a program that centers on the allocation of water within Nepal. VIN aims to designate volunteers the job of investigating and analyzing the system. There were only one volunteer in 2012 in this program.

## Office Administration:

VIN's Office Administration volunteer program is fit for volunteers who would like to be a part of the empowerment cause in Nepal, but would rather use their organizational and language proficiency skills within the VIN office headquarters than be in the rural areas of Nepal.

In 2012, there was only a volunteer working on this program. Volunteer of this program worked on utilizing your English skills, correcting and rewriting website content, writing up VIN newsletters that should include updates on VIN program accomplishments and activities, tracking volunteer placements on spreadsheets, handling outgoing emails on behalf of VIN, and overall, being an integral part of the workings of the office, from a day to day basis.

## Volunteer Coordinator

The Volunteer Coordinator's main job is to receive the other international volunteers and basically see to it that they are appropriately placed in one of VIN's empowerment programs in accordance with their skills, personality, needs, and the resources available at hand.

In 2012, there was only a volunteer in Volunteer coordinator program.





# Other Programs

## Work camp Volunteers

VIN also organized a workcamp for Toilet Construction in August for two weeks. It was organized in the partnership with NDVA. There were 7 participants from Japan-3, Korea-2, Thailand-2 and Nepal-3. The objectives were:

- To construct toilets to the needy households.
- To raise awareness on health and sanitation to community people.
- To promote friendship, understanding and solidarity among local people and international workcampers.
- To develop cultural immersion

The camp members could construct 5 toilets for poor families of Jitpurhedi community.



# Encounter and experience of Volunteers

With the articles and some of the hand written notes of most of the volunteers, it came to a conclusion that the programs of VIN are life changing and have an endless list of new and bizarre experience. The volunteers have encountered a lot of problems and inappropriateness in community program as well as other program which helped VIN in its growth. Also the positive as well as negative suggestions got by VIN through volunteers are equally important to improve.

*"Thank you for picking me to volunteer with lovely kids. It was a lifetime experience for me All the very best!"- Shivraj Kaur*

*"Truly Nepalese experience. No mount everest can provide the warmth and heart welcoming experience. All the very best in VIN's visions and every success. Love always"- Yuni Lee, Malaysia*

*"You have given me a rich experience to fully be emerged within a Buddhist Monastery. I have developed a strong connection to many amazing people and have had a brilliant life experience"- Dave Nessia, USA*

*"First there was sunshine followed by shower but it all boiled down to the beauty of the people. Forever in my heart. Be well Nepal" – David Ian Rogers, UK*

*"Absolutely fantastic experience!! Even the disgusting mystery bugs/creatures that I had to deal with on Daily basis were worth the time coming here. Thank you." – Dina Salih, Canada*

# Significant achievements

## Community Health Program

- Ran Mobile Health Camps in different areas like school, wards of Jitpur community.
- Organized Health talks and awareness programs on women health problem in the community.
- Constructed toilets for proper health sanitation

## Women's Empowerment Program

- Trainings on assertive communication, life skills, stress management for women's group
- Awareness on domestic violence
- Assist women with income generation programs
- Promoted education and sanitation among the women's group

## Youth Empowerment Program

- Trainings on Project Management

## Child Care: Orphanage

- Helped to improve English language of students in schools.
- Trained teachers on identifying and using appropriate educational materials.
- Raised proper dental and body hygiene awareness in ECDs.
- Conducted a documentary-making workshop for school children.

## Buddhist Monastery

- Trainings on Project Management



# Generalization Drawn from Volunteer Program

In 2012, there were 142 volunteers/interns working with VIN. Buddhist Monastery is the program which had most volunteers in 2012. Throughout the year, achievement of VIN as well as volunteer has an endless list. Some of the significant achievements are listed above in different category.

VIN has not only achieved some goals in year 2012 but also earned substantial suggestion from volunteers to grow. Through some good and bad, VIN now has some goals to be add, mistakes to be correct and networks to grow. Also from the experience shared by the volunteers, VIN is encouraged to make the programs more worthwhile.



# Volunteer Testimonies

“When, in our comfortable country, we are surfing on the web to find a volunteering organization, we expect to find a really reliable one where our commitment (time, Money, emotion) will be the most useful to the people we modestly propose to help.

After 5 weeks of volunteering with VIN, I can now say that I found a good one. I choose the toilet construction project inside their community health program. In Nepal, each year, thousands of children die after diarrhea, due to the lack of safe water, toilet facilities and appropriate medical care and toilet construction is an almost simple and efficient way to improve the health of a population, especially the children who are more vulnerable.

VIN knows very well this situation and develop in Jitpur Phedi , strong relation with this community. I personally observed how VIN, his staff and his volunteers are appreciated and I have now the conviction that my modest contribution, helping four families to have a toilet, can make a difference in their daily life. Volunteering in toilet construction maybe a hard work, but the smiling faces and the warm ‘Namaste’ I received each time I arrive in the village is such a reward and a source of motivation. I had really a good time working by team with the men of the families, laughing with women and joking and playing with children. Living in a host family, sharing their daily life(Nepali style), eating the best Daal bhat in Nepal is an amazing and so rich experience the solidarity between the members of this family their smile and joy even when thy work hard and the living condition are difficult will be a source of inspiration after going back at home. We, occidental people are so fast to ask more and more from life and to complaining in our selfish life

And volunteering with VIN was also to be part of a warm and so friendly large family including the direction , all the staff, the host family, the population of Jitpur Phedi and all the others volunteer or different programs.

**Paul Bedard (Canada)**  
**Construction and Manual work**  
**1 Oct to 4 Nov**

# Volunteer Testimonies

"I originally found VIN online as I was looking for an organization that would allow me to do some volunteer teaching during my time in Nepal. I chose VIN, as opposed to any of the many other volunteer organizations, because it was obvious that the money given for the volunteer programs was going to the investment of other development projects, and not into the pockets of the people working for the organization. VIN is very open about their finances, and will willingly tell you where your money goes and how it is being spent. Since VIN is looking to develop rural Nepali communities in a sustainable, holistic way, as opposed to just blindly donating goods or funds, I decided this was the best organization to support.

Before coming to Nepal and starting to volunteer, I had no idea what to expect. I didn't know what the students or the monastery would be like, and I was open to anything. I had done some teaching and work with children before, but never with children where we didn't speak the same language. I thought that the children at the monastery would be the Western stereotype of Buddhists: relaxed, self-reflective and peaceful. Instead, my students were quite wild, often yelling, running, hitting or spitting. Immediately, I had to change my perceptions of what it would be like to teach them. After working with the children for a while, and setting clear goals and boundaries, I was able to learn how to manage the classroom and effectively teach the students some basics of English they didn't know before.

This experience of teaching challenging children who don't speak English, in a challenging environment where I had to be very independent and seek support on my own, ended up being very rewarding. I hope to be an educator back in the US, and because of this experience and the challenges it presented, I know that I will be a better teacher. Also the experience of learning about another culture and different ways of life will forever impact me and help me put my own life and privilege in perspective. "

**Maya Barlev, (USA)**  
**Buddhist Monastery**  
**1-28 Nov.**



# Volunteer Testimonies

“My time at VIN was one of the greatest experiences in my life. As a student of Technical Medicine, my goal was to achieve some clinical experience next to contributing in the public health sector. Assisting the doctor in the health post gave me the expected clinical experience and my time educating children about health related subjects was a great experience too. VIN also placed me at a lovely host family, where I had a great time and it really made me feel like home. Thank you, VIN. Thank you, host family. I will always remember.”

**Tom Konert, (The Netherlands)**

**Community Health**

**1 Oct – 23 Dec**

**For detail visit -** <http://www.volunteeringnepal.org/volunteer-testimonials>



स्वयंसेवी अभियान नेपाल  
Volunteers Initiative Nepal

# Financial Report

# Expenses (NRs) July 2011 - July 2012

## Women's Empowerment Program

1.127.204,23

Literacy	7.090,00
Income Generation	588.047,90
Micro-Credit	52.874,00
Remuneration	335.937,00
Other	143.255,33

## Children's Development Program

1.049.626,60

Early Childhood Development (ECD)	49.178,00
Children's Club	19.674,00
Teacher's Development	27.050,00
Orphanage	194.949,60
Sponsorship	289.824,00
Remuneration	341.885,00
Other	127.066,00

## Youth Empowerment Program

266.861,00

## Community Health Program

1.118.669,24

Health Post Support	41.855,00
Mobile Clinic	23.524,24
Toilet Construction	653.795,00
Remuneration	339.700,00
Other	59.795,00

## Volunteer Expenses

2.781.850,42



# Expenses (NRs)

## July 2011 - July 2012

### Office Expenses

1.298.755,85

Stationery	8.666,00
Rent	120.000,00
Transportation	51.514,00
Utilities	20.560,00
Communications	99.377,90
Printing & Promotions	39.954,00
Refreshments	44.435,54
Remuneration	428.800,00
Donation Relief	97.500,00
Insurance	32.912,45
Renewal & Registration	3.295,00
Other	351.740,96

### Project Research & Evaluation

40.000,00

### Okhaldhunga & Overhead Costs

289.238,53

**Total Expenses:**

**7.972.205,87**

# Income (NRs) July 2011 - July 2012

Volunteer Program Fees	3.762.926,75
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Volunteer Fundraising & Donations	725.944,22
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Child Sponsorship Donations	2.984.178,40
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Interest Received	420.977,25
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Local Donations	1.291.616,00
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Funds from Community	573.165,00
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Partner Organisation	95.550,00
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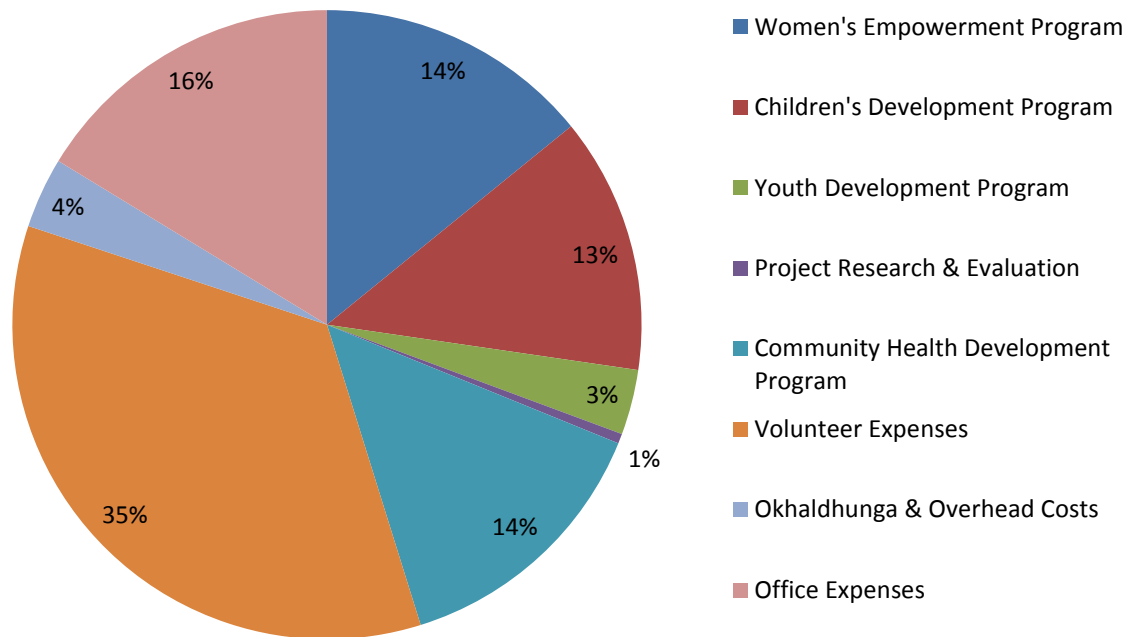
Trustee Membership Fees	44.086,00
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Petty Cash	27.528,00
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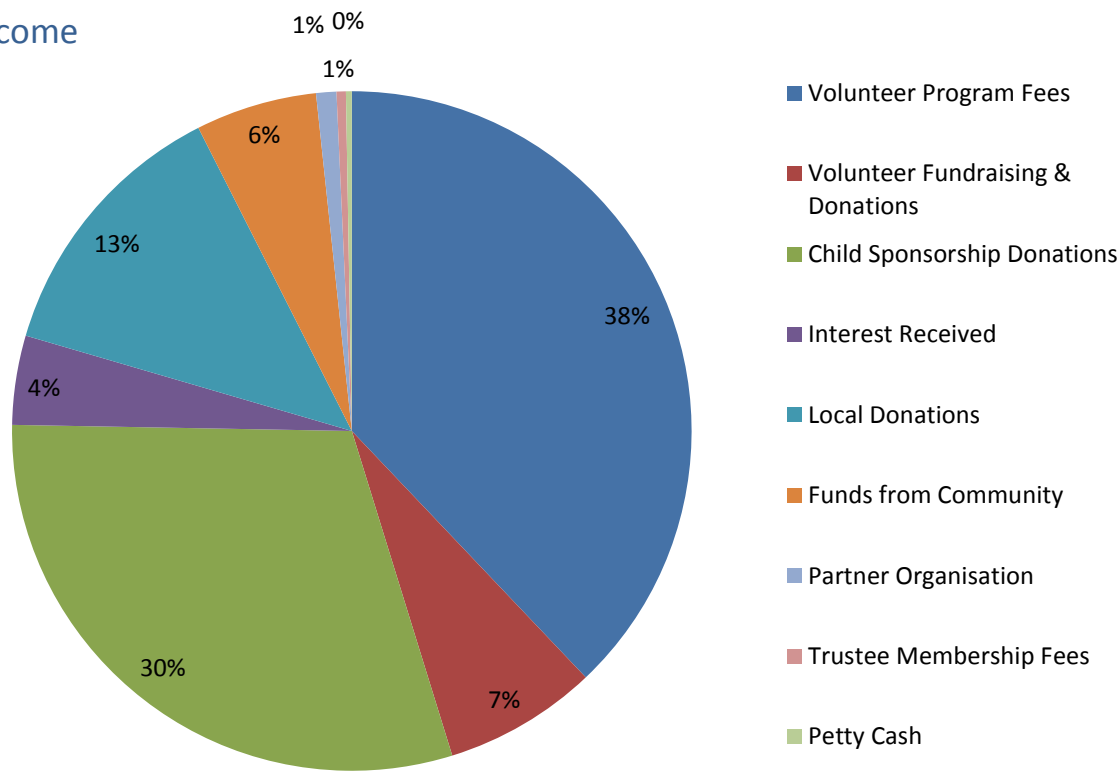
<b>Total Income:</b>	<b><u>9.925.971,62</u></b>
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# Income / Expenses

Expenses



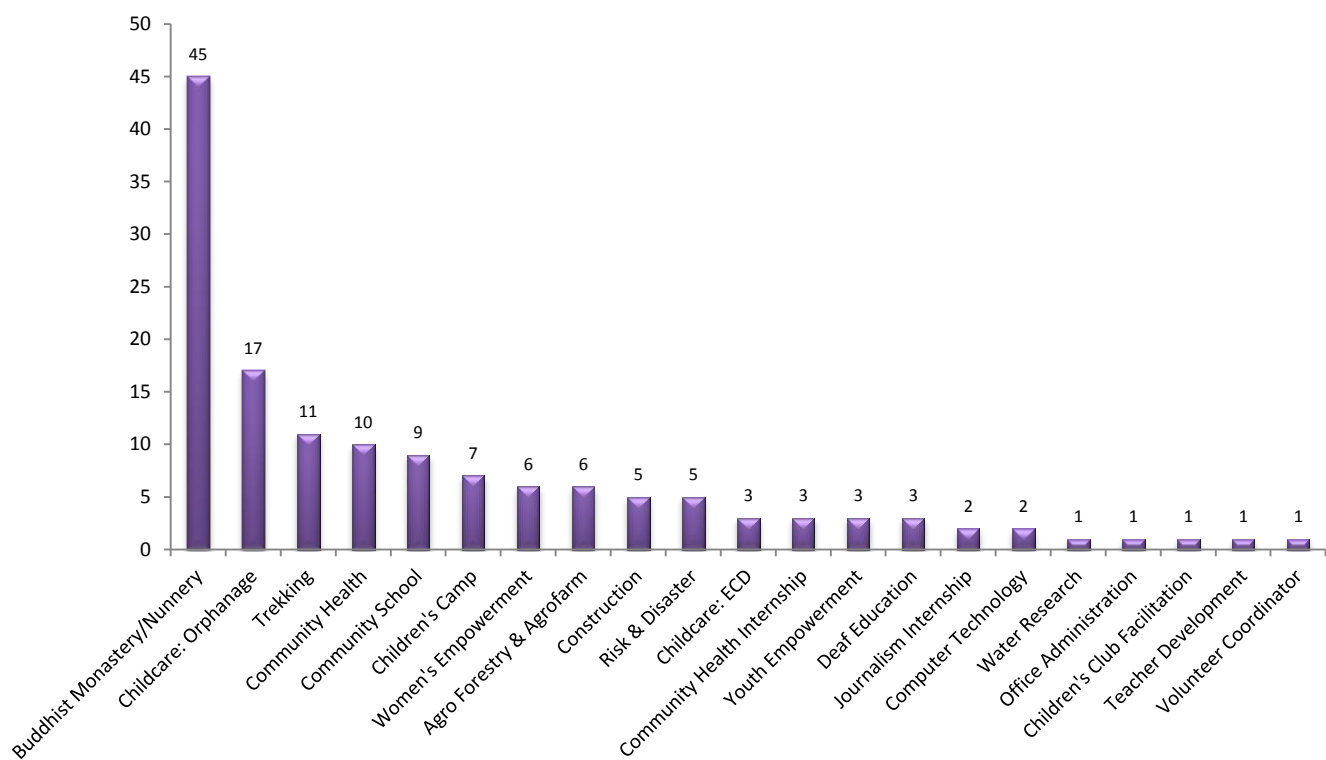
Income



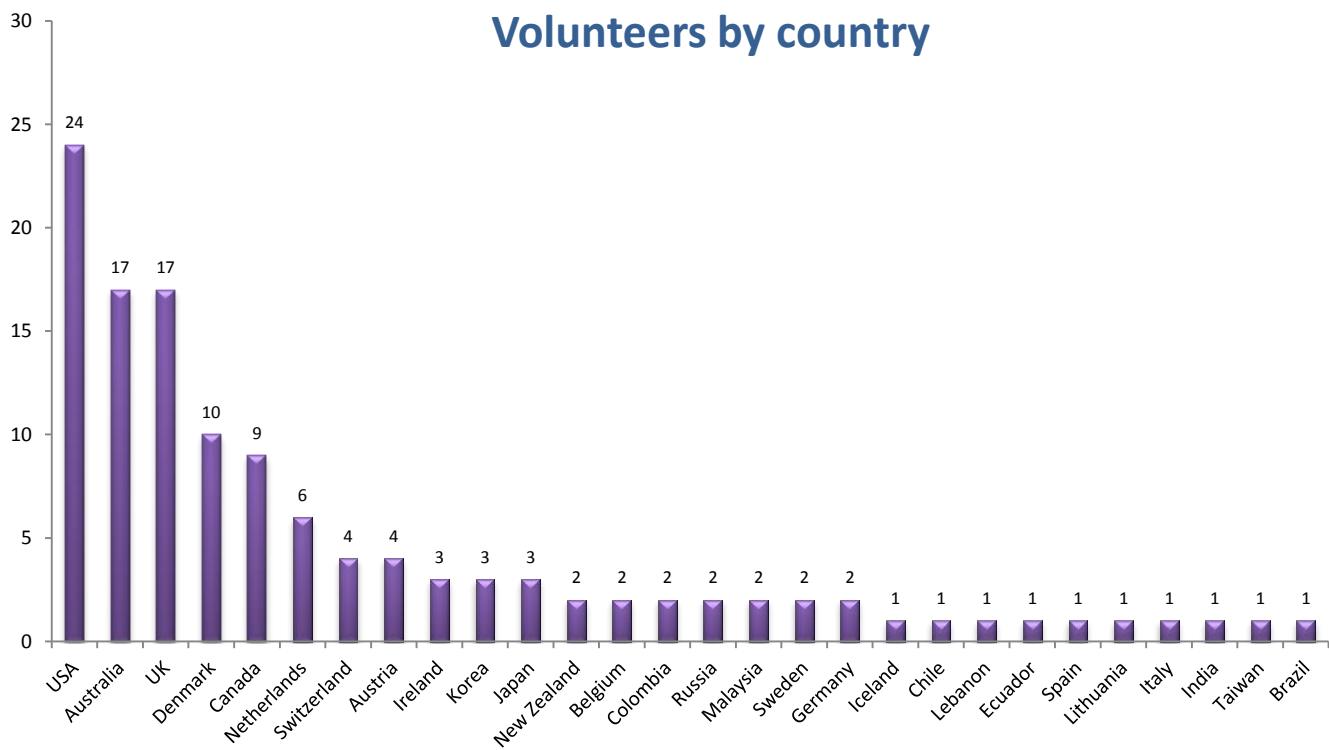


# Volunteers

Volunteers per placement type



Volunteers by country



# List of abbreviation and acronyms

CCs:	Children's Clubs
CD:	Children Development
CH:	Community Health
ECD:	Early Childhood Development
ED:	Executive Director
HH:	Household
HSS:	Higher Secondary School
HT:	Head Teacher
H & S:	Health & Sanitation
H&H:	Health & Hygiene
FCHVs:	Female Community Health Volunteers
TB:	Tooth Brushing
HW:	Hand Washing
MDG:	Millennium Development Goal
UP:	Uterine prolapsed
SHP:	School Health Program
STDs:	Sexually Transmitted Diseases
VIN:	Volunteers Initiative Nepal
IGP:	Income generating Program
NGO:	Non-government organization
UP:	Uterine Prolapse
VDC:	Village development Committee
VIN:	Volunteers Initiative Nepal
WE:	Women Empowerment
YD:	Youth Development
YC:	Youth Club
CPR:	Cardio pulmonary resuscitation
VDC:	Village Development Committee



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