



स्वयंसेवी अभियान नेपाल
Volunteers Initiative Nepal



ANNUAL REPORT 2011



Who are we?

Volunteers Initiative Nepal (VIN) is a non-governmental, non-profit organisation which was founded in 2005 by a diverse group of development workers, educationalists, social activists and other specialist professionals.

Unlike many other development NGOs, VIN serves to channel its efforts towards change in the hands of local people. We actively encourage them to volunteer within their communities, providing support and direction with the aim to unite all sectors of society to work together in setting up and running local projects.

VIN's main community-based pilot project is located at Jitpur, a rural community surrounded by woods, hills and fields. It lies 11 kilometres from the capital on the outskirts of the Kathmandu Valley near the beautiful Nagarjuna forest reserve.

There are also projects located close by within the region. VIN is currently working to expand its scope to a second community-based site, Okhaldhunga, in the north east of Nepal.

VIN's mission is to empower marginalized communities, with a focus on women and children, through enhanced educational programs and community training to promote equality, economic well-being and basic human rights.

Dear friends,

We are very pleased to present VIN's 2011 Annual Report. Through the generous support of our sponsors, hardworking staff, diverse and open-minded international volunteers and our dedicated stakeholders, this past year has been phenomenal. Through this report we would like to highlight to you our accomplishments.

In the beginning, in 2007, our work in community development VIN created several pilot community development programs within the Jitpurphedi community, facilitated through the Jitpurphedi Village Development Committee (VDC). Jitpurphedi VDC is 11 km from Kathmandu and, at latest count, has a population of approximately 6,000 people among 1033 homes, all within several castes and religions.

Through the past 5 years, VIN has taken the initiative and moved forward with a participatory program which spearheads community development through the partnership of both local and international volunteers.

The programs we initiated and continue to maintain:

**(1) Women's Empowerment (2) Child Development
(3) Youth Empowerment (4) Community Health and Environment**

Within our time in the Jitpurphedi community our programs have quickly become woven into the fabric of its citizens. Women have created and sustained income through our Income Generation program and teachers are focused on and have access to specialized training, to name a few examples. All of these are part of a larger, intensive process which ultimately brings jobs, better health, and an overall recognition of improved opportunity for the individual and, more importantly, the community.

We take great pride in the work we have done and have a heightened vision for the additional work which always needs to be addressed. The following report will showcase our achievements and we also present our fiscal 2010-2011 financial statement, ensuring complete transparency of our organization.

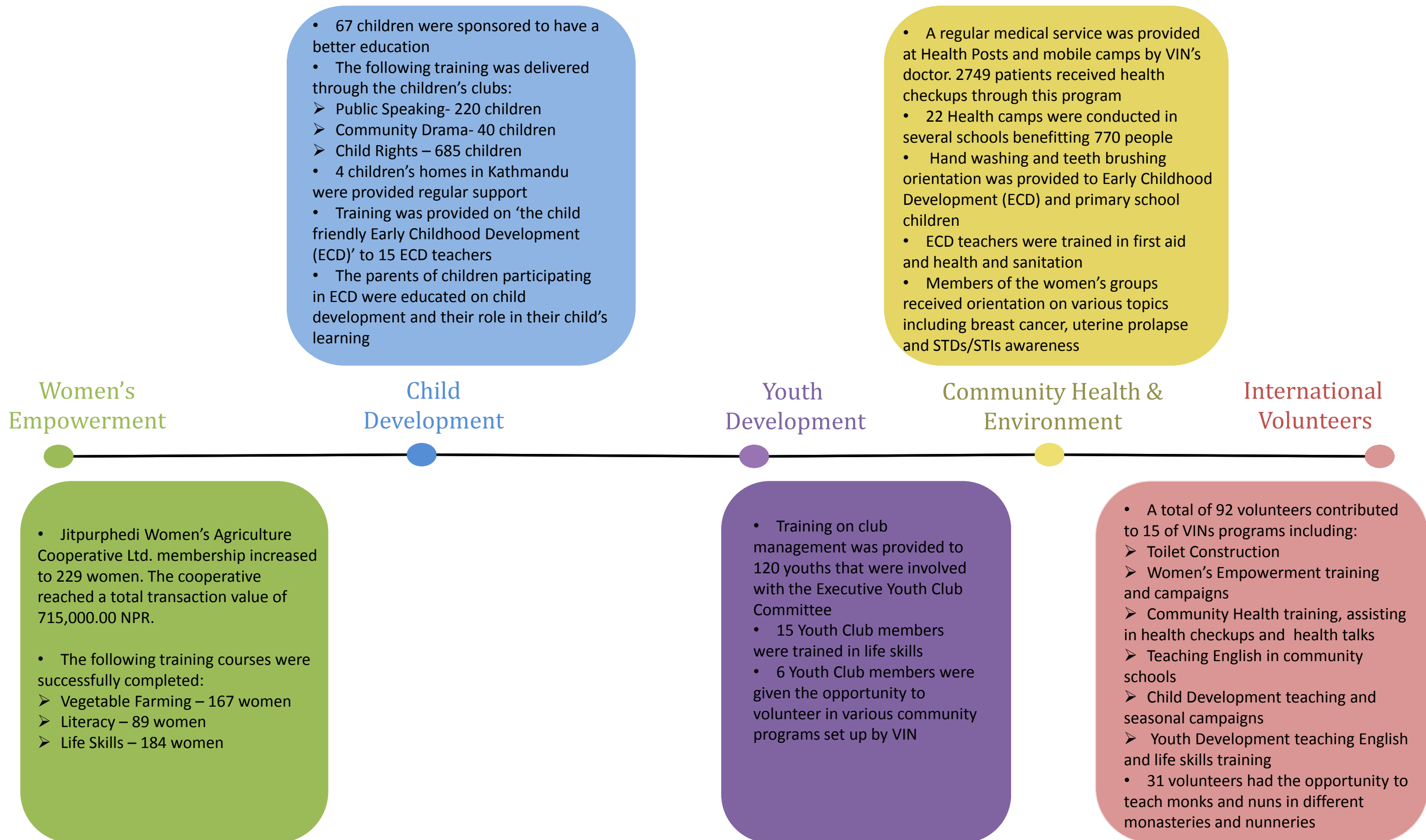
Thank you for taking the opportunity to read about our past year. We hope you will consider becoming a member of our dedicated organization.



VIN staff, posing for a picture during the Dashain celebrations

Yours sincerely,
Bhupendra Ghimire
Executive Director

2011 Highlights



Women's Empowerment



**Empowerment
through access to
financial services**

Microcredit

VIN established the Microcredit project in Jitpur in 2009. This ongoing project aims to develop autonomous and sustainable microcredit systems among the women's groups.

In 2011 VIN provided training to develop skills specific to this system for the women's groups of Jitpur. This training covered 3 main areas:

- Entrepreneur Skills, delivered to 16 women from 9 groups
- Business Idea training, delivered to 25 women from 7 groups
- Accounting Skills, delivered to 17 women from 11 groups

Using these skills the participating women created and managed a cooperative throughout the year.

The cooperative's financial activities for the 2010-2011 fiscal year have been analysed and the conclusion drawn is the Jitpur Microcredit project appears to be largely effective in helping local women develop cooperative skills and a saving attitude.

Activity Summary

- Cooperative distributed 229 shares to members and collected 113,400 NPR for these shares
- Total saving from members was 382,884 NPR
- Total loan distributed to the members was 715,000 NPR of which 302,423 NPR has already been repaid

The next step in the Microcredit project would be to extend it and implement it in neighboring Village Development Committees (VDC) of Jitpurphedi.

"We are saving money now that can be used in the future. Even by saving a little money now, becomes a larger amount later"

Santa Phuyal, President of Ardarsha Women's Groups

Women's Empowerment

Income Generation

VIN established the Income Generation project in Jitpur in 2007. This ongoing project focuses on 4 sub-sectors that were found to be suitable for the geographical area, these being:

- Vegetable production
- Mushroom cultivation
- Goat keeping
- Organic farming

Following are some details of activities carried out this year.



VEGETABLE FARMING

VIN carried out training on seasonal and off seasonal vegetable farming to 31 women's groups consisting of 234 members. Training was also provided on mushroom cultivation to 10 women.

As a result of the training most of the women are now earning an income to fulfill their needs through vegetable farming.

Also 12 new women's groups were formed after the training.

"In dry seasons, we couldn't do anything; now with the trainings in farming, we can farm other vegetables"

Sarswoti Ghimire, Shivpuri Women's Group

Empowerment through financial independence

ORGANIC FARMING

As an investigation into organic farming for income generation; VIN has developed an explorative concept paper to determine the profitability of organic farming.

Different types of farming tools like poultry manure, livestock urine and local pesticides were explored as apart of this study into organic cabbage and cauliflower production.

The study determined that the yield per plot in the organic system was significantly lower than the inorganic yield per plot (i.e. 200kg and 290kg per plot for organic cauliflower and cabbage vs. 260kg and 350kg per plot for inorganic). The average unit price of both organic and inorganic produce was found to be equal (i.e. 50 NPR/kg).

Given this the income generated was found to be higher for the inorganic produce. However, the profit margin was found to be greater for the organic farming as the production costs for inorganic farming are considerably higher than organic.

The conclusion drawn is organic farming is economically profitable and also holds comparative advantages from a health point of view and so should be adopted as best practice throughout the region.

VIN will continue investigations into organic farming in the coming year looking at other vegetables like tomatoes.

NON-AGRICULTURAL VENTURES

The main objective of the non-agricultural sector is to identify specialty non-agricultural products on the markets that can generate sufficient income during the off season.

During 2011 focus was placed on a basic sewing and cutting training program in coordination with a small industry office in Kathmandu. 10 women were involved in this non-agricultural program.

Some of the participants wished to extend this program to a three month advanced course. The women shared 75% of the trainer fees and the remaining 25% was provided by VIN.

The participants were so enthused by the training that some expressed an interest in starting their own tailoring business in the near future.

The trainer of the program also said the majority of the participants showed great aptitude and some of them will be ready to open a tailoring business in their village once the training is complete.



**Empowerment
through alternative
ventures**

Women's Empowerment

Education & Life Skills

Since 2009 VIN has been working alongside the local Village Development Committees (VDCs) and District Education Offices (DEOs) to deliver literacy and life skills training programs in the Jitpurphedi community.

In 2011 the following training was successfully delivered:

- Literacy Classes including problem solving, communication, health awareness & sanitation – 89 women
- Communication Skills – 184 women
- Stress Management – 179 women
- Self Esteem – 141 women
- Problem Solving – 35 women
- Time Management – 46 women
- Legal Rights – 56 women
- Gender Equity – 50 women

The analysis of the data has shown that support provided by VIN to the women in the Jitpurphedi community has contributed to developing basic life skills required to solve their day to day problems.

VIN strongly recommends that this literacy and life skills development program be extended into the neighboring VDC of Jitpurphidi.

Empowerment through education



"Life Skills Training given by volunteers were very good and made us very happy. The training on stress management was really useful. Now we need more training"

Apsara Ghimire, Panachkanya

Children's Development



It takes a whole village to raise a child. VIN's mission through the Children's Development program is to empower the village – the parents, teachers and schools – to enable the children to receive an education, explore creative outlets, and develop as a whole for better quality education.

As part of this program, VIN focuses on four major initiatives:

- ❖ Helping very young children develop their cognitive and social skills through Early Childhood Development Centers (ECDs).
- ❖ Enabling creative outlets and installing social awareness through Children's Clubs.
- ❖ School Attendance Program (SAP) which also includes child sponsorship, teacher training and infrastructure development
- ❖ Providing support to selected orphanages.

Early Childhood Development

Throughout the year VIN has been implementing different programs in the ECD centre for young children. These programs focus on developing their cognitive, emotional, social and physical potential.

VIN has also conducted teacher training in ECD concepts to help them properly use the materials and methods effectively with particular focus on making the learning environment more child centered.

"VIN has been doing different types of programs in the community and schools. But the ECD program and Community Health programs are the most successful ones"

Arun Phuyal, Head Teacher of Nagarjun Secondary School, Thulagaun Jitpur



Empowering the village



ECD TEACHERS REFRESHER TRAINING

This year a total of 17 ECD teachers from 8 schools of Jitpurphedi VCD participated in refresher training on ECD teaching and learning methods. A further training course, facilitated by a VIN volunteer, was given to 15 teachers from the Jitpur community schools, KVM and the Minarwa Motherland School.

The main focus of the training included:

- ECD materials development and how to use these in ECD classes
- Rhymes for ECD class
- Useful games for ECD teaching and learning
- Teaching methods
- Useful activities that can be used with ECD children

“After joining VIN, I had the opportunity to participate in different types of training related to ECD. I learned how to develop and use the local materials. Important thing, I learned to teach ECD children to know their feelings”

Sarita Aryal, ECD teacher of Pachmane ECD

ECD LOCAL CURRICULUM DEVELOPMENT

With the help of the ECD teachers, VIN has developed a local curriculum for ECD which has been implemented in the 9 ECD Centers of the Jitpur community.

The three major subjects include Nepali, Mathematics and English.

Training on how to use this curriculum was given to all ECD teachers.



ECD PARENTS ORIENTATION

VIN has been providing awareness orientation to ECD parents since 2010 with a view to create a healthy learning environment for their children.

A healthy learning environment is vital for all children's cognitive, emotional, physical and social development.

VIN provides a two hour orientation session for all parents of ECD children to instill the importance of ECD. This year a total of 74 parents from 5 ECD centers attended these orientation sessions.

The main content of these sessions included concepts, objectives and the importance of ECD centers. They also highlight the importance of the role the parents play in their child's early years of development.

The ECD teachers and principal teachers felt that after the parents orientation by VIN most of the children were sent back to school with a neat and clean appearance.

“After VIN's orientation to the ECD parents, now our ECD kids are being neat & clean and most of the children are taking Tiffin from their own homes”

Gopal Gajurel, Principal teacher of Kalikasaran Lower Secondary School

Instilling awareness

Enabling creative outlets

Children's Club

VIN's Children's Clubs focus on ways to explore and develop the innate talents and creativity of their club members. Each year VIN reviews the existing Children's Clubs in the schools of Jitpur and conducts different types of strengthening activities. Most of the teachers in the Jitpur community feel the Children's Clubs are vital for the development of the children.

The following sections cover some of the activities VIN has performed for the Children's Clubs this year

CHILDREN'S CLUB MANAGEMENT TRAINING

This year VIN provided CC Management Training to 122 members of 9 clubs. The main content of the training was around conducting meetings, taking minutes, roles and responsibilities of the members, fund raising, account keeping, resource management and action planning.



CHILDREN'S CAMP

This year VIN organised a week long children's camp in Dadagaun. 40 children aged 8 – 12 years participated in the camp. The objective of the camp was to provide a unique opportunity for the children to develop their talents whilst having fun. The camp activities included exercise, dance, singing, arts and crafts, moral instruction, English speaking, health camp and instruction on teeth brushing and hand washing.



PUBLIC SPEAKING

Public Speaking training was delivered to the children's clubs this year by Rachel Toh, a VIN volunteer. A total of 220 members participated in this training. The main objectives of this training were to:

- Promote self confidence
- Develop presentation skills
- Learn necessary skills to speak publicly effectively

"Public Speaking training given by VIN is very effective. We learn how to speak in front of a large group of people. It helps our personality development."

Reshma Lama, Treasurer of Tarkeshwor Children's Club



"Children's Rights Advocacy training is very useful for children. We know about children's rights and responsibilities; we became able to advocate in case of children's rights suppression."

Suman Nyupane, past president of Jitpur Children's Club



COMMUNITY DRAMA TRAINING

As a part of Community Drama training the children's clubs of Kalikasaran, Tarkeswor and Nagarjun schools prepared a script about a problem in their society and performed it in their final presentation.

The training covered script writing, technical advice on presentation and help with the rehearsal. 40 members of the clubs completed this training.

The children enjoyed the training very much.

"We learn so many things like writing drama script, role playing techniques which we didn't know before."

Samjhana Tiwari, member of Jitpur Children's Club

CHILDREN'S RIGHTS ADVOCACY

A day long training was conducted for all of the children's clubs in 8 schools in Jitpur. 685 members attended the training.

The training included the evolution of children's rights, major points of the Convention on Rights of Children, child responsibility and children's legal rights in Nepal.

DRAWING CLASS

A drawing class curriculum was designed for primary grade levels in Kalikasaran, Jitpur, Saraswoti, Nagarjun, Khadwalkot and Mahadevsthan schools. Classes 3, 4 and 5 participated, totaling 50 girls and 120 boys.

The objective of this program was to develop creative skills in primary children.

PROGRAM BY UNITED CHILDREN'S CLUB

This year the United Children's Club organised inter-school programs such as an inter-school debate competition, quiz contests, singing competitions and a culture program in Dasgain and Tihar.

Developing a better quality education

School Attendance Program

VIN's overall goal for the School Attendance Program is to provide an opportunity for children ages 6 – 17, within the Jitpurphedi VDC, to obtain a quality education.

The main project objective is to increase school attendance and create a child friendly environment in all schools.



SCHOOL ADMISSION CAMPAIGN

As a part of the School Admission Campaign a group of VIN members and school teachers conducted home visits in different villages. The purpose of the visit was to counsel parents about the importance of admitting their children to school and to ensure they have regular attendance. The team discussed the importance of education and the prioritisation of school attendance over working on the home farm.

It was found that although most children in the canvassed area were enrolled in school, few had regular attendance.

In the Newari community area, it was found that most children were being home schooled. Most of the parents are uneducated and so they cannot provide a good educational environment for their children.

VIN will continue to work to encourage full school admission and attendance for all children within the community.



TEACHERS TRAINING

Teacher training was provided to 65 participants from different schools on the psychological affect of using corporal punishment on children.

Participants were surprised to learn how corporal punishment can affect children directly and indirectly. The participants were taught new ways of dealing with children as per the set objectives of the program.

The conclusion was the training was very helpful

CHILD SPONSORSHIP FOR EDUCATION

VIN provides sponsorship support for children in disadvantaged marginalised communities to receive an education. This year VIN provided sponsorship support for 67 such children.

Support is provided on an annual basis and covers such things as purchasing uniforms, stationery and provisions for school, medical fees are also covered where required.



“VIN has done very good work providing us with the opportunity to continue our education the their sponsorship program for poor and needy children like us. If VIN had not supported me I would have had to discontinue my education”

Sunita Ghimire, sponsored child

Youth Development

YOUTH CLUB MEETING

Members of VIN successfully conducted a meeting with existing Youth Club members and other youths in January 2011. In total 21 youths attended the meeting. The purpose of this meeting was to plan for upcoming youth programs that were to commence in 2011. A review of the 2010 youth programs was also carried out.

The meeting also helped to encourage local youths to actively participate in the youth clubs in their community. By witnessing the structure of the meeting first hand, which contained tasks of social development, the participating local youth were able to develop their skills.

The conclusion of the meeting was to form Youth Clubs in all Jitpur areas, with a central Youth Club installed to represent members of all of the clubs in the community district. The intent of this action is to promote awareness of the importance of the clubs to the community.



Empowerment through new career opportunities

YOUTH CLUB'S WARD WISE UNIT CLUB FORMATION

The Youth Club program is designed to deliver various types of training including proposal writing, PRA, computer technology, English language skills and career development.

This year VIN has formed ward wise youth clubs in each area of Jitpur. These clubs amassed a total of 120 members.

VIN conducted Youth Club Management training for all members of every satellite club. The objective of the training was to instruct in conducting meetings, minutes writing, fund raising techniques, accounting skills and gain an understanding of the various roles and responsibilities of the members.



FIRST AID TRAINING AMONG YOUTH

VIN conducted a one day Community-Based First Aid training session for all members of the Youth Clubs.

The training was facilitated by VIN's resident doctor, assisted by some international volunteers. The objective of this training was to teach the local youth how to assist people with injuries and illnesses during daily life and during disasters.

VIN plans to establish a first aid service in the Jitpur community using trained first aid volunteers.



LIFE SKILLS TRAINING AMONG YOUTH

During this year a total of 17 Youth Club members (14 boys and 3 girls) from the Choogaun Youth Club were trained in life skills.

The objective of the training was to provide the necessary life skills to assist youths when facing every-day problems.

The training included subjects such as goal setting, decision making, critical thinking and communications skills.



Community Health

School Health Program

The School Health Program is a component of the Community Health Program designed to ensure the good health of all school children within the community.

It focuses on improving children’s health by treating illnesses, conducting awareness programs on Health and Hygiene and improving the school environment from a health and hygiene point of view. There are three main components to this:

- Health Camps
- Awareness programs
- Waste Management within schools

This program has been implemented in all of the schools in Jitpur.

Improving access to quality health services

HEALTH CAMP

The main objectives of Health Camps is to check the general health of the children, screen their oral health, perform de-worming and promote awareness on hygiene and sanitation.

Health Camps were conducted weekly in schools. The children were examined and provided any necessary medicine and they were also advised to follow preventative methods for particular diseases.

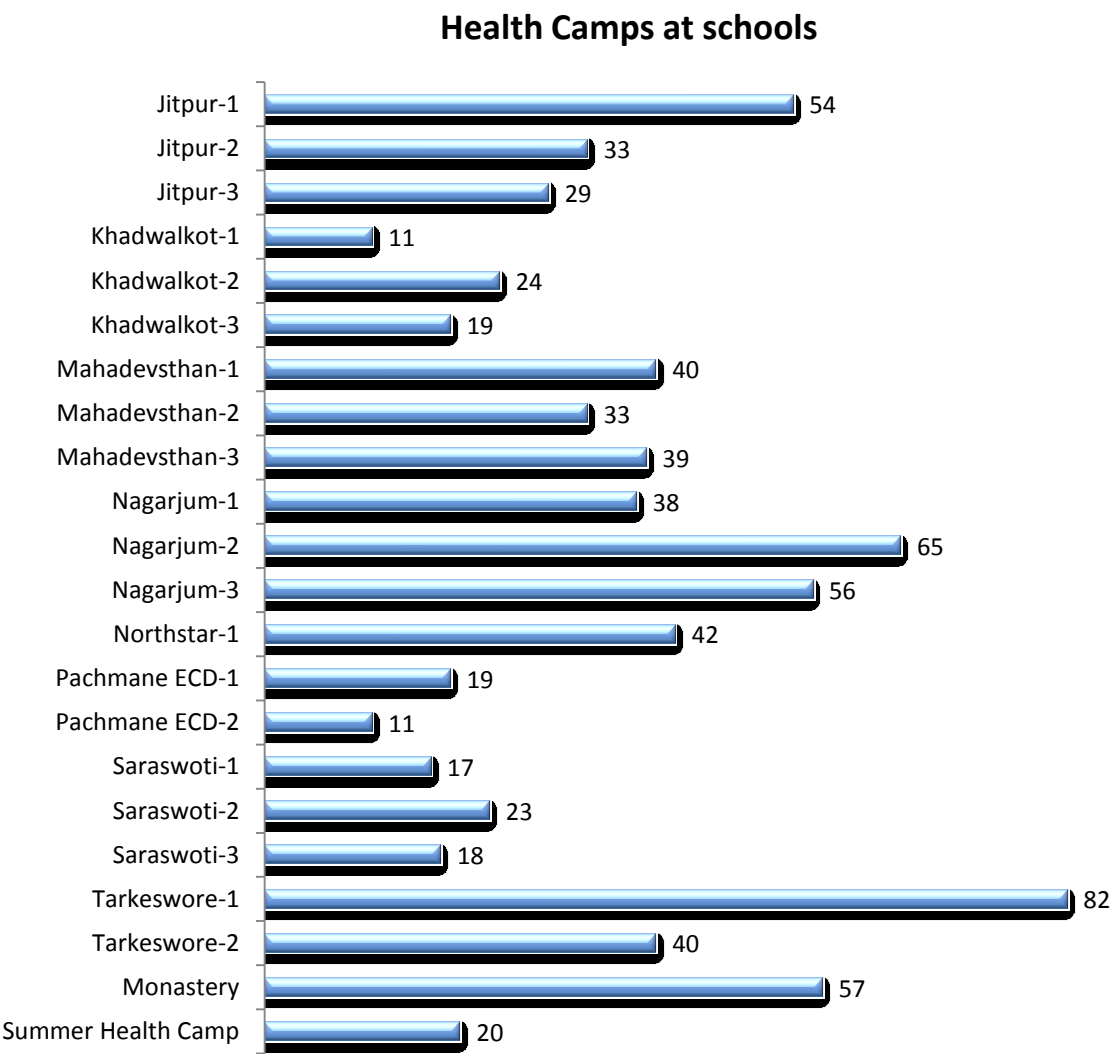


Sessions were also held on Health and Hygiene and Teeth Brushing.

The graph presentation below details the number of children that were treated at the various Health Camps. A total of 22 Health Camps were held and a total of 693 children benefited from this program. In addition to school children, a further 77 monks from the monastery and children attending Summer Camp also benefited.

Analysis was performed on the data gathered at these camps and it was found that the mobile health camps in the Jitpurphedi VDC appear to be effective in maintaining school children’s general health, minimising absence and drop out rate.

The recommendation is that school health camps should continue and increase in frequency over the years.



AWARENESS SESSIONS ON HYGIENE AND SANITATION

As a result of Health Camps held last year, VIN identified that 60% of people in Jitpur are unaware of proper hygiene and sanitation. A community survey has shown that 90% of infectious diseases in Jitpur are due to a lack of hygiene and sanitation.

In response to this VIN developed an awareness program targeted at school children and women. The Community Health Program focused on primary school children.

A one day campaign on hand washing and teeth brushing was held in all schools among primary level school children (PLSC) and ECD children.

The major objectives of the program were to:

- Teach PLSC hand washing (HW) and teeth brushing (TB)
- Demonstrate appropriate HW and TB techniques
- Practically involve PLSC in a day campaign on HW and TB



The campaign was done in two parts, the first part being theoretical and the second being practical.

The harmful effects of not washing your hands or brushing your teeth were explained to both the children and their teachers. Then followed a practical demonstration of the 6 steps of hand washing and teeth brushing techniques. Posters were also used to demonstrate this.

In addition ECD children were provided with toothbrushes, toothpaste and soap which were to be kept at school for use on a daily basis.

TRAINING ON PARTICIPATORY HYGIENE AND SANITATION TRANSFORMATION (PHAST)

As a part of the training being carried out by VIN on hygiene and sanitation, PHAST training was provided to the ECD teachers of the Jitpur community. A total of 12 ECD teachers received this training. The main objectives of the training were as follows:

- To share VIN's School Health Program
- To share effective ways of maintaining good hygiene and sanitation in schools
- To identify the role of the ECD teacher in maintaining these standards

In this training the levels of the ECD teachers current understanding of hygiene and sanitation were determined by performing a written test. After this interactive sessions were carried out to instruct the ECD teachers on activities and techniques that can be used to improve the hygiene and sanitation in schools.

It was concluded that teachers could not change the behaviour of children solely, parents must also be involved in this program. Given this it is recommended that this training must also be given to teachers of the higher grades as well as the parents.

AWARENESS SESSIONS ON SEXUALLY TRANSMITTED INFECTIONS AND UTERINE PROLAPSE

VIN has been conducting women's health activities in Jitpur. Their awareness program on STIs and uterine prolapse is specifically designed to make women aware of their reproductive health.

The main objectives of this program are to promote awareness of women's reproductive health and to instruct women on preventative measures that can be taken.



VIN members delivered this campaign using presentations, group discussion, video and picture displays and personal interaction.

The basic concepts of STDs/STIs were discussed covering transmission, symptoms, complications, treatment methods and preventative measures.

The second part to the session covered the basic concepts of a prolapsed uterus. Different aspects of this condition were discussed also covering difficulties in society and better ways of preventing the condition.

The women who participated in this program were enthusiastic about the subject matter and the program was very interactive. Most women were experiencing some issues such as irregular menstrual cycle and lower abdominal pain and they were advised to visit the health post. The women expressed their desire to have more programs related to health available to them in the future.

AWARENESS CAMPAIGN ON BREAST CANCER

Although breast cancer is not common in Jitpur, it was found that the women have little awareness of and were afraid of breast cancer. As a result VIN developed a program to teach women about the probable causes of breast cancer and demonstrate methods of proper self breast examination.

VINs international volunteers conducted sessions with the women of Jitpur where they displayed pictures related to the different stages of breast cancer, discussed clinical symptoms and demonstrated techniques of self breast examination.

The program was found to be effective in making women aware of breast cancer as well as developing their self examination skills.

Owing to the success of this program it is recommended the program is extended to the neighboring villages.



Awareness through training programs & campaigns

FIRST AID TRAINING TO YOUTH AND ECD TEACHERS

Due to the lack of local health care being readily available, VIN has designed a program to train local youth and ECD teachers in basic first aid with a view to developing skilled manpower within the villages.

A one day Community Based First Aid training program was delivered to ECD teachers and youth, separately.

The objectives of this program are to establish a first aid service in the Jitpur communities through trained volunteers and to establish an enabling environment to practice positive health behavior.

The program discussed the aim of First Aid, the qualities of the First Aider and resuscitation techniques. The basic concept of ABC, method of ABC and a demonstration of ABC was given. The participants were shown CPR and were given the opportunity to practice on a dummy.



A second session was held where asphyxia, hanging, drowning, burning, poisoning, epistaxis, fractures, cut injury, foreign bodies in eyes, nose and ears were discussed.

Participants were quizzed on the course content at the end of the session and most answered correctly.

HEALTH CLINIC PROGRAM

The major activities of Health Clinic program were:

- to provide material support to the Health Post (HP) where the upper floor was prepared to install a pathology lab
- to provide facilities to the HP i.e. instruments for the pathology lab
- to supply essential medicines to the health camps
- to provide for a medical doctor to be on duty on a regular basis
- to communicate what services are available at the HP through personal contact and campaigns
- to provide health checkups through mobile clinics
- to keep accurate records of all treated patients at HP and mobile clinics
- to promote interaction with local female health volunteers

TOILET CONSTRUCTION

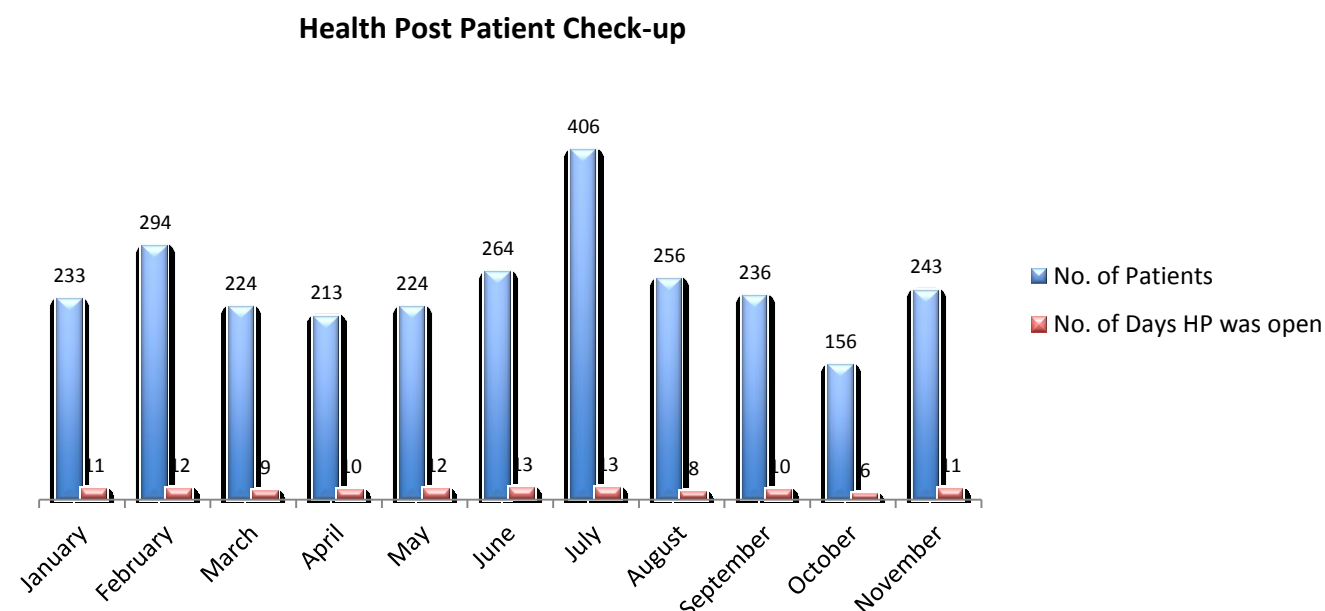
One of VIN's priorities is to make Jitpur Phedi-8, Dadagaun a 'stool-free community'. Since 2009 VIN has been providing essential materials for toilet construction. By the end of 2011, 86 toilets were completed.

VIN plans to provide materials for five households of the Jitpur community per month and, as such, 60 further toilets will be completed in 2012.

PATIENTS CHECK UP AT HEALTH POST

VIN's resident doctor has been visiting a health post in the Jitpur community 3 days a week. The graph below shows the doctor's visits totaled 115 days for the year and 2749 patients were treated.

Most of the patients were found to be suffering from acute infections such as respiratory, gastroenteritis, conjunctivitis, otitis and wounds. The program has been found to be very beneficial for the Jitpur community and is recommended to continue into the future.



INTERACTIVE PROGRAM WITH LOCAL FEMALE HEALTH VOLUNTEERS (FCHVs)

VIN has a program that mobilises local women in the Jitpur community to perform the role of a Local Female Health Volunteer. The objectives of the program are to:

- Share VIN's community health program
- Coordinate VIN's health program with the FCHVs
- Collect information on the FCHVs activities in the community
- Collect information on the major health problems witnessed in the community
- Collect information on the problems and needs of the FCHVs



All the local FCHVs were provided with pens and notebooks and were encouraged to document notes about all the health activities they are involved in. This gathering of information allows VIN to devise targeted programs in the future to tackle specific community issues.

OKHALDHUNGA TRIP

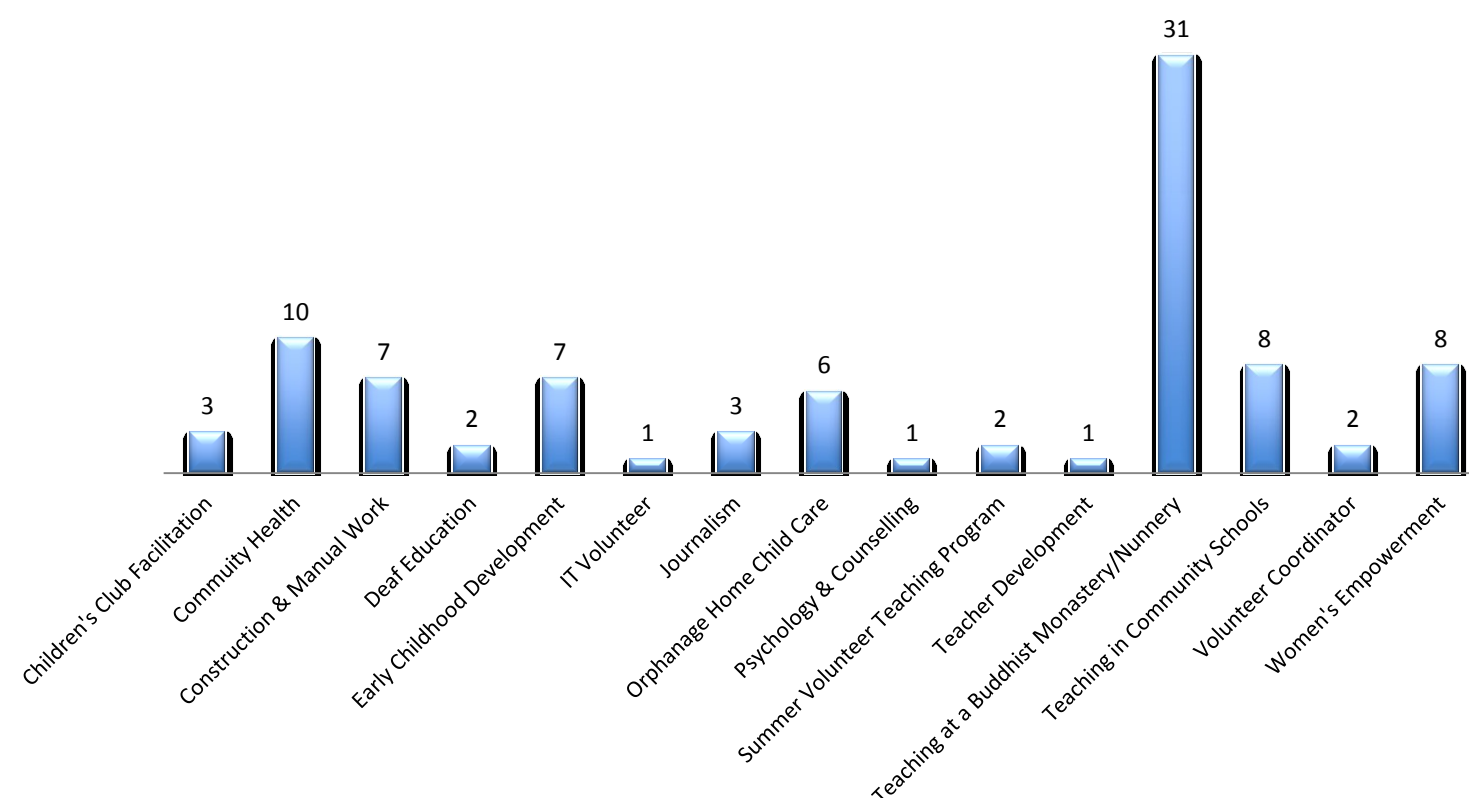
VIN held health camps in two of the village communities in Okhaldhunga for three days. 340 patients benefited from these camps.

Volunteers

VIN has attracted international and local volunteers in its various programs, helping make a sustainable difference whilst improving the lives of Nepali people in the most disadvantaged communities. Most of the volunteering and internship programs of VIN are community-based aiding VIN's community projects in Jitpurphedi VDC. In addition, VIN also offers other programs such as Teaching English at Buddhist Monastery and Nunnery, Orphanage and International Journalism Internships are available that are more geared towards fundraising for community development programs.

In 2011, VIN welcomed 82 volunteers and 10 interns. All together these volunteers participated in 15 of VINs 23 available programs. The distribution of their selected programs can be seen in the graph below. Teaching English in a Buddhist Monastery or Nunnery continues to be the most popular program that VIN offers.

Number of Volunteers by Program



A Snapshot of Volunteer Contributions this Year

Women's Empowerment Program

- Prepared training materials for life-skills training for women
- A team of volunteers also monitored literacy classes and conducted data analysis to gauge literacy levels
- Assisted with identifying non-agricultural ventures for income generation
- Conducted a profitability analysis of organic vegetable farming
- Studied and analysed proper market management for vegetables produced by the women
- Assisted in conducting an annual review of VIN's Women's Empowerment programs by gathering feedback from the women's community spokespeople

Child Development Program

- Helped to improve English language of students in schools
- Trained teachers on identifying and using appropriate educational materials
- Raised proper dental and body hygiene awareness in ECDs and primary level school children
- Conducted a drama group workshop and drawing classes for school children
- Conducted a public speaking program helping to improve the children's self confidence

Youth Empowerment Program

VIN's Youth Empowerment volunteers conducted computer and technology trainings for youth clubs, as well as First Aid training, Life Skills training and English language classes.

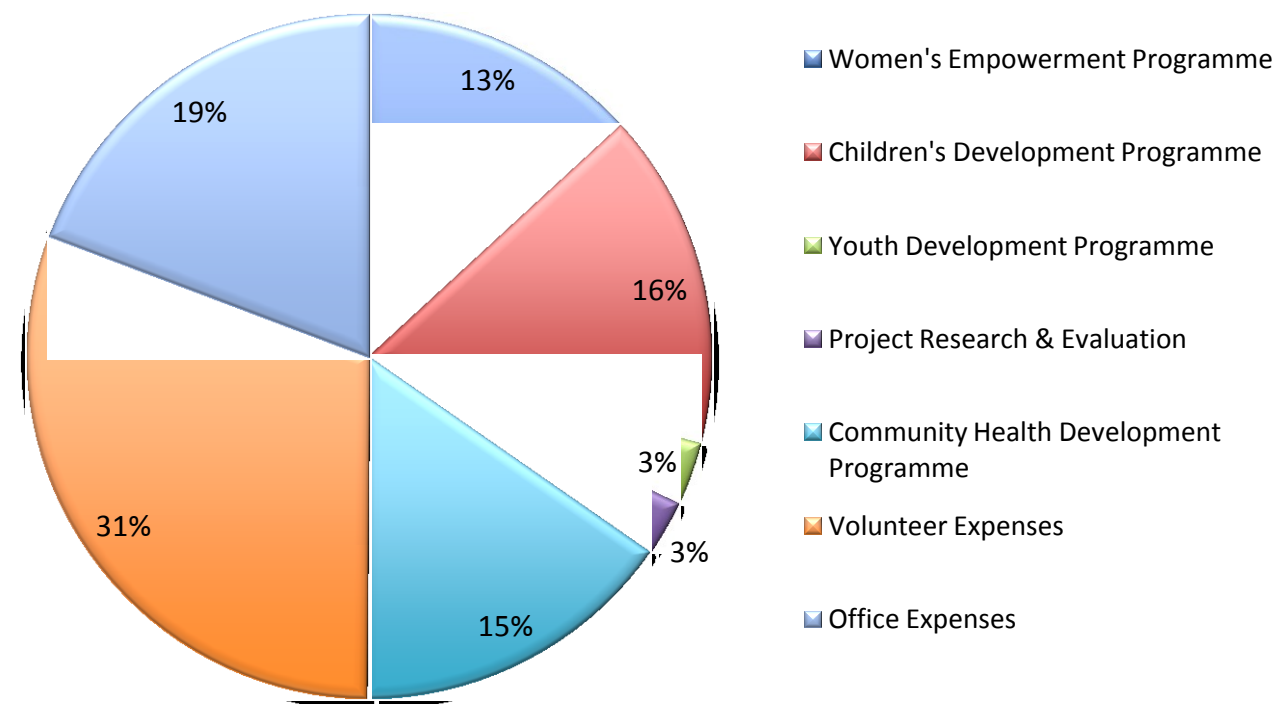
Community Health Program

- Volunteers assisted in the construction of toilets for the 'stool-free community' program
- Our health volunteers assisted the doctor in Health Post clinical examinations and mobile clinics
- VIN helped facilitate trainings and workshops on a variety of health topics such as uterine prolapse, breast cancer self examination, STIs/STDs as well as hygiene and sanitation workshops
- Conducted an oral hygiene awareness training for children in the Early childhood Development Centers and primary level school children

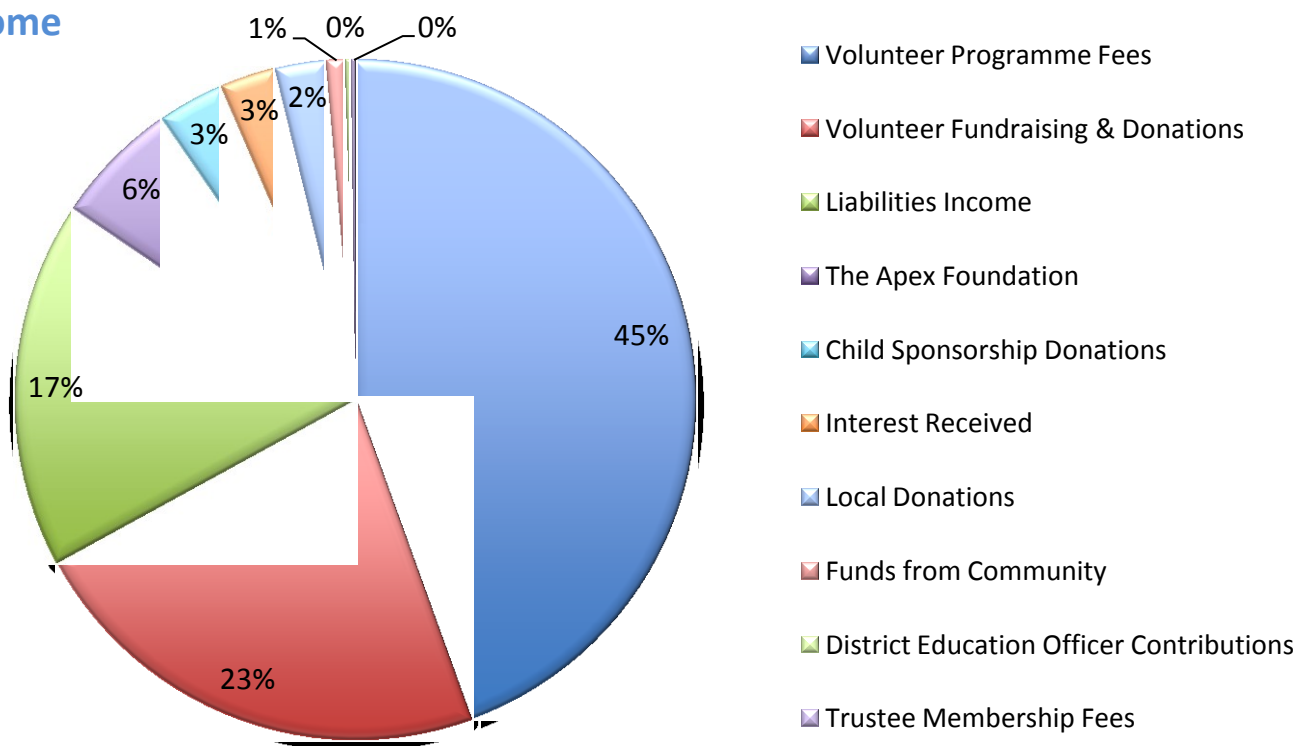
Financial Highlights

2010-2011

Expenses



Income



Expenses (NRs) July 2010 - July 2011

Women's Empowerment Program		763,673.00
Literacy	24,629.00	
Income Generation	240,714.00	
Micro-credit	19,670.00	
Remuneration	401,900.00	
Other	76,760.00	
Children's Development Program		924,408.00
Early Childhood Development (ECD)	52,095.00	
Children's Club	59,774.00	
Teacher's Development	5,191.00	
School Infrastructure	68,932.00	
Orphanage	51,741.00	
Sponsorship	209,625.00	
Remuneration	415,550.00	
Other	61,500.00	
Youth Development Program		172,301.00
Project Research & Evaluation		153,281.00
Community Health Development Program		897,777.48
Health Post Support	56,895.00	
Mobile Clinic	23,097.48	
Toilet Construction	190,210.00	
Laptop & Accessories	200,000.00	
Remuneration	383,175.00	
Other	44,400.00	
Volunteer Expenses		1,777,084.00
Office Expenses		1,118,520.50
Stationary	10,825.00	
Rent	116,000.00	
Transportation	48,948.00	
Utilities	30,375.00	
Communications	77,855.93	
Printing & Promotions	18,036.00	
Refreshments	32,012.00	
Remuneration	494,500.00	
Donation Relief	52,590.00	
Insurance	22,111.19	
Renewal & Registration	21,832.55	
Other	193,434.83	
Total Expenses	5,807,044.98	

Income (NRs) July 2010 - July 2011

Volunteer Program Fees	4,328,031.68
Volunteer Fundraising & Donations	2,197,943.37
Liabilities Income	1,695,788.45
The Apex Foundation	577,350.00
Child Sponsorship Donations	306,296.28
Interest Received	257,887.28
Local Donations	238,577.00
Funds from Community	85,580.00
District Education Officer Contributions	27,596.00
Trustee Membership Fees	19,400.00
Total Income	9,734,450.06

Board of Directors

1. Chairman:

Bhupendra Ghimire, Master’s in Education
2. Vice-Chairman:

Shantiram Khatiwada, Master’s in Law
3. General Secretary:

Dinesh Kumar Khatiwada, Master’s in Education
4. Treasurer:

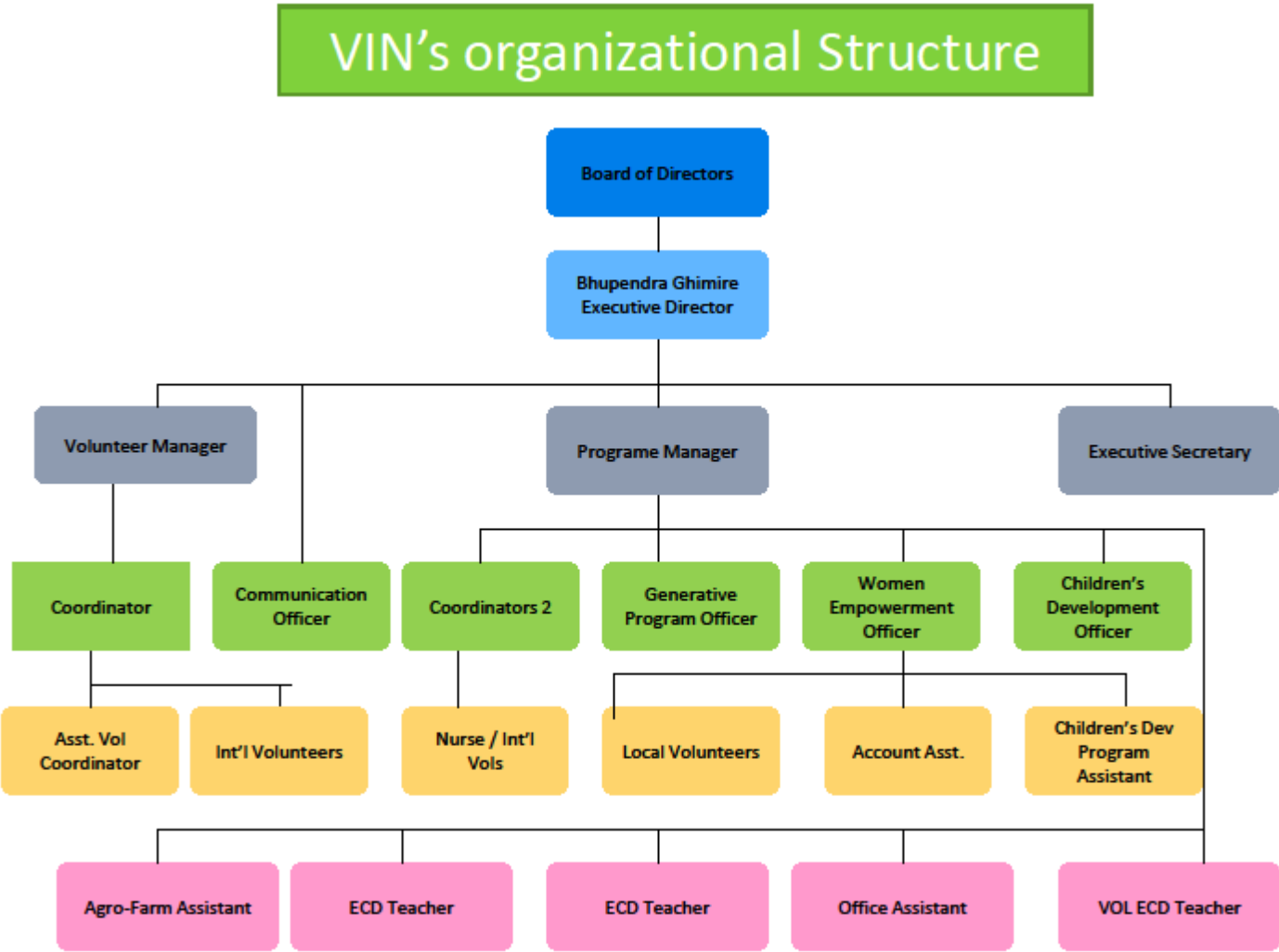
Loknath Neupane, Bachelor’s in Arts
5. Member:

Dipika Shrestha, Master’s in Environmental Science
6. Member:

Narayan Kaji, Ghimire, Master’s in Education
7. Member:

Surendra Kumar Bogati, Bachelor’s in Law

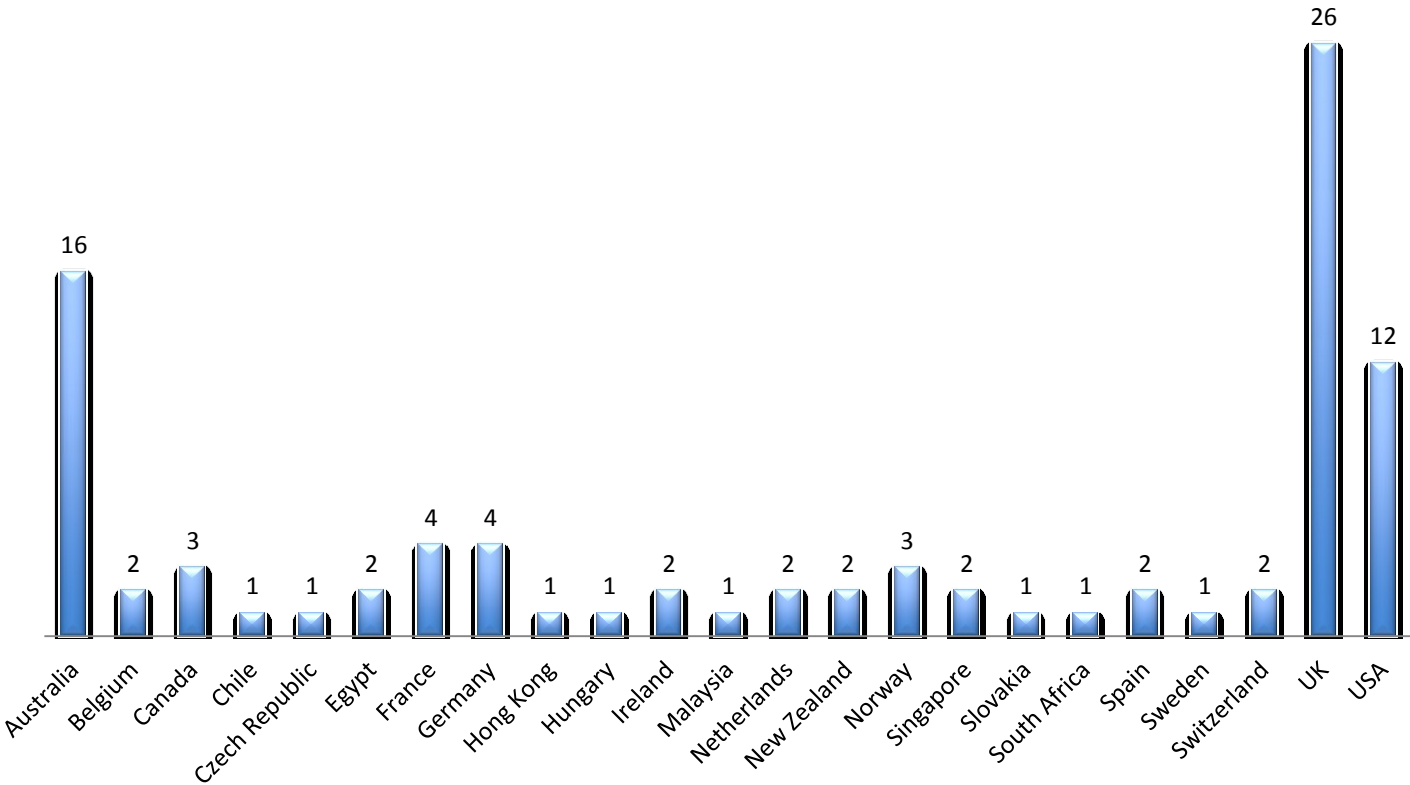
Staff



2011 Volunteers

We would like to thank all the local and international volunteers who participated from 23 different countries in our volunteer programs. We acknowledge their contribution in achieving our goal to empower marginalised communities. Without their support, VIN would not be able to achieve so many of its goals!

International Volunteers by Country, 2011



Thank you for taking your time to read our 2011 Annual Report. If you would like to get involved in one of our projects, please visit www.volunteeringnepal.org